

Perjalanan Salib

**PILGRIMS OF
HOPE
GUIDE BOOK
TO WELCOME
THE CROSS**



Est. 1955
DIOCESE OF PENANG
MALAYSIA

OBJECTIVE

1. PRAYER - A

**Journey of Intimacy
with God**



2. FAST AND

ABSTINENCE - A

Journey with Self



3. ALMSGIVING - A

**Journey of Intimacy
with the Community**



CORE FOCUS AREAS :

Uplifting Small Church Community

Celebrating the role of smaller church communities. A journey that fosters prayer, support and unity. It also uplifts the congregation and strengthens the Church as a whole.

Empowering Families

Families are encouraged to journey together and creating memories. All activities based on workshops will bond each other in faith, family spirituality and responsibility.

Enriching Society

By promoting the values of the Salib, the journey inspires Compassion and Social Awareness through community service and outreach to those in need.

Raising Ecological Awareness

Inspired by 'Laudato Si', the journey highlights our duty to care for creation through tree planting events, clean-up and educational activities on environmental stewardship.

PERJALANAN SALIB COORDINATORS & THEIR ROLE

The Perjalanan SALIB is aimed at expressing the importance of leadership that journeys and discovers together.

Representatives have been selected from each diocese to facilitate and to accompany the faithful on the **PERJALANAN SALIB 2025-2026. (18 months)**

The list of Diocesan coordinators :

- 1. Sister Dora Obod, FSIC (Archdiocese of Kota Kinabalu)**
- 2. Roney Eming (Diocese of Keningau)**
- 3. Sister Noemi Mejia, FSIC (Diocese of Sandakan)**
- 4. Father Davie Entalai (Archdiocese of Kuching)**
- 5. Father Jack Nayak, CMF (Archdiocese of Miri)**
- 6. Father Francis Go, OFM Cap (Diocese of Sibiu)**
- 7. Gregory Pravin Rajah (Archdiocese of Kuala Lumpur)**
- 8. Simon Joseph (Diocese of Penang)**
- 9. Father John Yeow (Diocese Malacca Johore)**

These coordinators are supported by many, who together as a team are responsible for the success of the Perjalanan SALIB 2025-2026.

Assistants at the Parish level of the Perjalanan SALIB will ensure that the Salib reaches to the peripheries.

All assistants and collaborators at the Diocesan Level are responsible to support the parishes and to connect the Perjalanan SALIB amongst the dioceses.

St Helena, the patron saint of new discoveries, is appointed as a companion to all the coordinators and assistants on this Perjalanan SALIB. St Helena, who went on a pilgrimage to search and discover Christian relics, bringing them back for the People of God did not only secure holy treasures for the Church but also offer an opportunity to encounter and experience the conversion of the people. Similarly, every Perjalanan SALIB coordinator and assistant has a bigger and greater role and responsibility to create the opportunity for new discoveries with our risen Lord.

COORDINATORS OF PENANG DIOCESE



**Penang Diocesan
Pastoral Team Chairman:
Msgr. Jude Miranda**



**Main Coordinator:
Mr. Simon Joseph**



**Northern Deanery:
Mr. Jason Tioh**



**Penang Deanery:
Ms. Emma Imelda**



**Perak Deanery:
Mr. Joel Peter**

OUR PILGRIM WALK TOWARDS THE MPC 2026

Since 2016, The Catholic Bishops of Malaysia have been in discussion and deliberation with the faithful (**Clergy, Religious and Laity**) - to discern the possibility and necessity of the coming together of all 9 dioceses in Malaysia as the Catholic Church in Malaysia.

This led to the convening of **The Malaysia Pastoral Convention 2026**, an official gathering similar in importance to a Synod, for the Catholic Church in Malaysia.

The Journey towards the Malaysia Pastoral Convention 2026; otherwise known as MPC2026, begins with the **pastoral assemblies** at the various levels:

- a **Parish Pastoral Assembly (PPA)**,
- followed by a **Diocesan Pastoral Assembly (DPA)** and
- then a **Regional Pastoral Assembly (RPA)**.

Regions are known as Sabah, Sarawak and Semenanjung, comprising 3 dioceses respectively.

In addition to the mentioned assemblies, the journey includes the **Malaysian Religious Assembly** and the **Malaysian Catholic Youth Day** which includes an assembly for young people within its itinerary. All the assemblies will be culminating in the MPC 2026.

ENGAGES EVERYONE

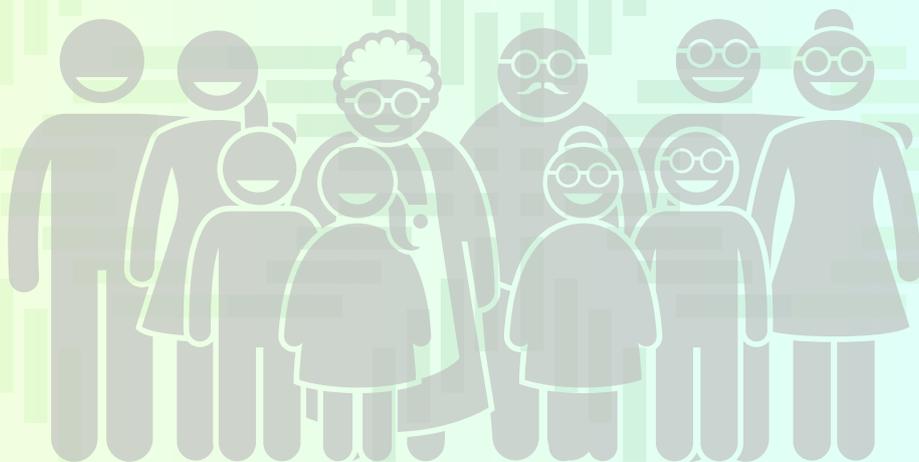
The journey or route taken by the Salib in the respective dioceses will be facilitated by the designated diocesan coordinating team, giving priority to the smaller communities more distant from the centre of parochial life and diocese engagements.

*As in **John 4:5-30**, sometimes the Salib needs to be present in the most unexpected places in order to facilitate an encounter.*

The hope is also for **all the faithful to have more access and form more established communities** to walk with the Salib and make a pilgrimage to the selected gathering points, **walking alongside, listening actively and celebrating together.**

The Perjalanan SALIB is aimed at expressing the importance of **accompaniment** beginning at the grassroot level.

The Salib does not retain itself at a fixed point but it journeys to the faithful especially in the peripheries.



A LONG WALK TOGETHER

The Perjalanan SALIB is **not to be treated as a relay**, meaning that we, the faithful, are **only to be engaged** when the Salib is **thereabouts at the selected gathering point** tethered to our parish community. We should treat the Perjalanan SALIB **more like a triathlon, meaning that we are using 3 modes of movement on the same and one journey.**

- 1. The first mode of movement is Communion.** The movement of gathering together as a diverse community rooted in the love and unity of the Trinity. Together, we encounter each other in respectful listening and to discern communally, how to receive the Salib grounded in the 'Sensus Fidei' that we share. This is how we prepare before the Salib arrives to us.
- 2. The second mode of movement is Participation.** The movement of genuinely making the effort to ensure the inclusion of those at the lowest margins or who are excluded. Together, the laity, consecrated and ordained, acknowledge that all the faithful are qualified and called to serve each other through the gifts of the Holy Spirit. This is how we celebrate while the Salib is with us.
- 3. The third mode of movement is Mission.** The movement to share and witness the love of God to everyone. Together we evangelise in the community through our relationships and dialogue of life as a result of our own personal and communal conversion. This is how we continue after the Salib departs from us.

The Perjalanan SALIB is aimed at expressing the importance of **Synodality**, where everyone is accounted for. The Perjalanan SALIB is an everyone's event and not an exclusive nor excluding event.

PERJALANAN SALIB

1. Before – Encounter + Communion



2. During – Listening + Participation



3. After – Discernment + Mission



A SACRED SIGN

At national level, the Perjalanan SALIB 2025-2026 commenced with the Rite of Solemn Blessing of the SALIB during the Malaysian Catholic Youth Day in April 2025 and will conclude during the Malaysia Pastoral Convention in September 2026.

In the respective Dioceses, the journey will commence from May 2025 and will conclude in August 2026. The duration of stay for the Salib at the parishes or selected gathering points will be discerned by the Diocesan Coordinating team.

Keeping with the spirit of Synodality, it is to be more inclusive rather than instructive. The National coordinating team will provide suggestions and direction of implementation at the Diocesan or Parish level but it is at the discernment of the collaborators at each gathering point, on how the community will Walk, Listen and Celebrate the Perjalanan SALIB.

Through communal discernment, the coordinating teams both at the Diocesan and Parish level will facilitate opportunities for the faithful to journey intimately with God, with Self and with the Others. These opportunities may be experienced and lived out either privately or publicly in the family, amongst friends and neighbours, at the workplace, in the parish or interparish and in any lived reality with the hope and desire for a true conversion.

The themes of these opportunities revolves around the 4 areas of concern of the Malaysia Pastoral Convention 2026; family, society, church and ecology or a subset of these areas. In efforts to further assist the respective coordinating teams, the national coordinating team will provide an ecology kit to be used or adapted into other themes using the same format of journeying with God, the Self, and Others, for the benefit of the faithful.

The Perjalanan SALIB is aimed at expressing the importance of Holiness and that the entire community of the faithful by virtue of our baptism in cooperation with the Holy Spirit is able to recognise and discern what is holy.

A LOCAL DESIGN

The SALIB is a unique arrangement of 9 Salibs together with a Corpus which forms into a crucifix. During the Malaysian Catholic Youth Day in April 2025, the SALIB Malaysia will be presented to the faithful for veneration before it is divided into its individual 9 salibs and sent to the respective dioceses. We will witness the unification of the SALIB once again in September 2026 during the Malaysia Pastoral Convention 2026.

The Salib stands 9 feet tall and 5 feet wide, made of wood. The unique arrangements of the SALIB, while irregular but still recognisable, reflects the characteristic of our dioceses in Malaysia. Each independent but unites harmoniously in diversity. Both complementary and collaborative while still being dedicated and preferential to its community.

The SALIB will also bear the decorative design of the Bunga Raya. A symbol of love for the birth of our nation, a sign of our independence from foreign rule and unity among different races. Similarly, the Bunga Raya on the SALIB symbolises the triumph of our Lord Jesus over the world and has reconciled us to the Father and unites us with each other in the Holy Spirit.

The Corpus which is a reminder of the manner of how Jesus went about winning His victory over sin and death, that is by entering into death itself, is the sole reflection of the crucifix. Hence, a hymn has been composed especially to accompany the SALIB. A hymn which reflects God, who willed that his Only Begotten Son should undergo the Cross to save the human race and we, who have known His mystery on earth may merit the grace of his redemption. The hymn is entitled “Bangkitlah”.

In September 2026, Malaysia Pastoral Convention 2026 will begin with all the participants before the SALIB for a dedicated time of prayer. Summing up all the joys and blessings, the anxieties and struggles, the hopes and aspirations of the faithful in prayer. It is our hope that the Perjalanan SALIB 2025-2026 may unite all the faithful who have journeyed with the SALIB, together with the participants of the Malaysia Pastoral Convention 2026 for a truly synodal and communal discernment experience.

The Perjalanan SALIB is aimed at expressing the importance of culture and diversity.

IMAGE AND THE MEANING OF SALIB



9 Salibs

for 9 dioceses in Malaysia



The SALIB is a unique arrangement of nine salibs combined with a Corpus to form a crucifix. During the Malaysian Catholic Youth Day in April 2025, all 9 Bishops will celebrate the rite of Solemn Blessing for a Cross (to be exposed for public veneration).

Later it separates into 9 individual salibs and is sent to the respective dioceses. It will be reunited once again in September 2026 during the Malaysia Pastoral Convention 2026.



5 feet
wide

9 feet
Tall

Individually, the salib stand 9 feet tall and 5 feet wide, crafted from wood. Combined, the SALIB is nearing 12 feet tall

Unique

yet irregular arrangement



Its arrangement reflects the nature of the Catholic Church in Malaysia – each distinct and independent, yet harmoniously united in diversity.

It symbolizes a balance between individuality and collaboration, with each diocese remaining dedicated to its own community while complementing and supporting the others.

Bunga Raya



The SALIB will also feature the decorative design of the Bunga Raya, a symbol of love for the birth of our nation, independence from foreign rule, and unity among different races.

Similarly, the Bunga Raya on the SALIB represents the triumph of our Lord Jesus over the world, reconciling us with the Father and uniting us with one another in the Holy Spirit.



Dedicated time of
Prayer

In September 2026, the Malaysia Pastoral Convention 2026 will begin with all participants gathering before the SALIB for a dedicated time of prayer.

This moment will bring together the joys and blessings, anxieties and struggles, hopes and aspirations of the faithful in prayer.

Our Hope

Perjalanan SALIB 2025-2026 will unite all who have journeyed with the SALIB, along with the participants of the Malaysia Pastoral Convention 2026, for a truly synodal and communal discernment experience.

The Perjalanan SALIB also seeks to highlight the significance of culture and diversity within the Church.

GOOD NEWS

In keeping up with the signs of times and the digital world, efforts have been made to ensure that the Perjalanan SALIB will be visible on the more used social media platforms and messaging boards. Everyone is encouraged to share their stories and testimonies of their experience.

A website (gerejakatolik.my) will be made available with all the resources prepared to assist the Perjalanan SALIB. The website also functions as an archive of our entire journey towards the MPC 2026. The faithful are encouraged to create and share their own prayers, poem, meditation, reflection, musical compositions, drawings, short videos and other inspired works of faith.

The Perjalanan SALIB is aimed at expressing the importance of sharing best practices and resources.



SALIB INSTALLATION INSTRUCTIONS



Assembling the Salib



Packing the Salib

SALIB CHECK LIST



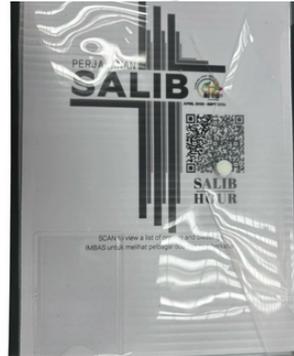
ONE LUGGAGE BAG



ONE HAND TOWEL



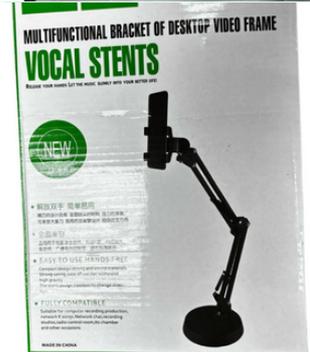
ONE CARPET



ONE A4
POCKET FILE
WITH TWO A4
SALIB HOUR
CARDS



TWO SIZE 13MM
HAND TOOLS



ONE PHONE
HOLDER TO
DISPLAY
SALIB HOUR



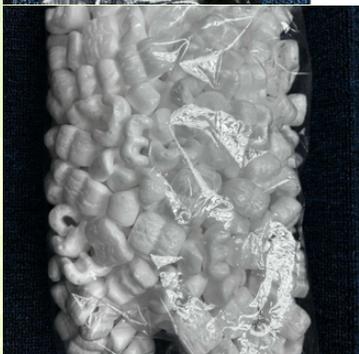
2 SETS: LONG BOLTS &
NUTS WITH 4 WASHERS

10/12 SETS: SHORT
BOLTS & NUTS WITH 4
WASHERS

4 SETS: LONG BOLTS &
NUT



ONE POUCH



ONE PACKING
PEANUT



FOUR
PACKING PADS

SALIB CHECK LIST



A STACK OF
PACKING FOAM



ONE
DEHUMIDIFYING
BOX



VERTICAL
SECTION OF
SALIB (3PCS)



HORIZONTAL
SECTION OF
SALIB (4 PCS)



BASE SECTION
OF SALIB
(3 PCS)



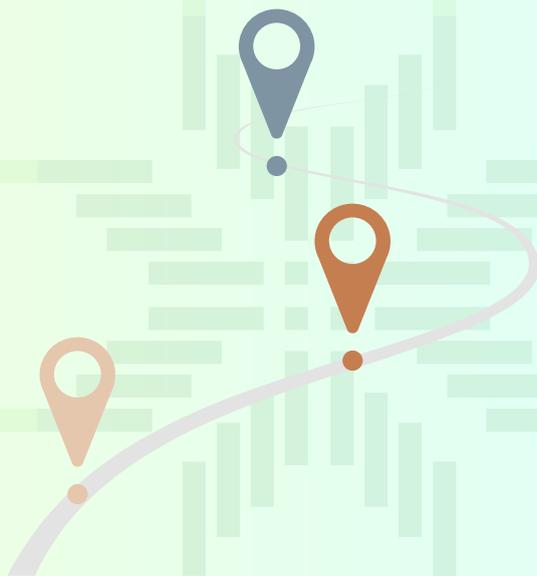
DRILL SET
1) 1 Drill
2) 2 Batteries
3) 1 Charger
4) 1 Cable
*Kindly ensure
batteries are always
charged



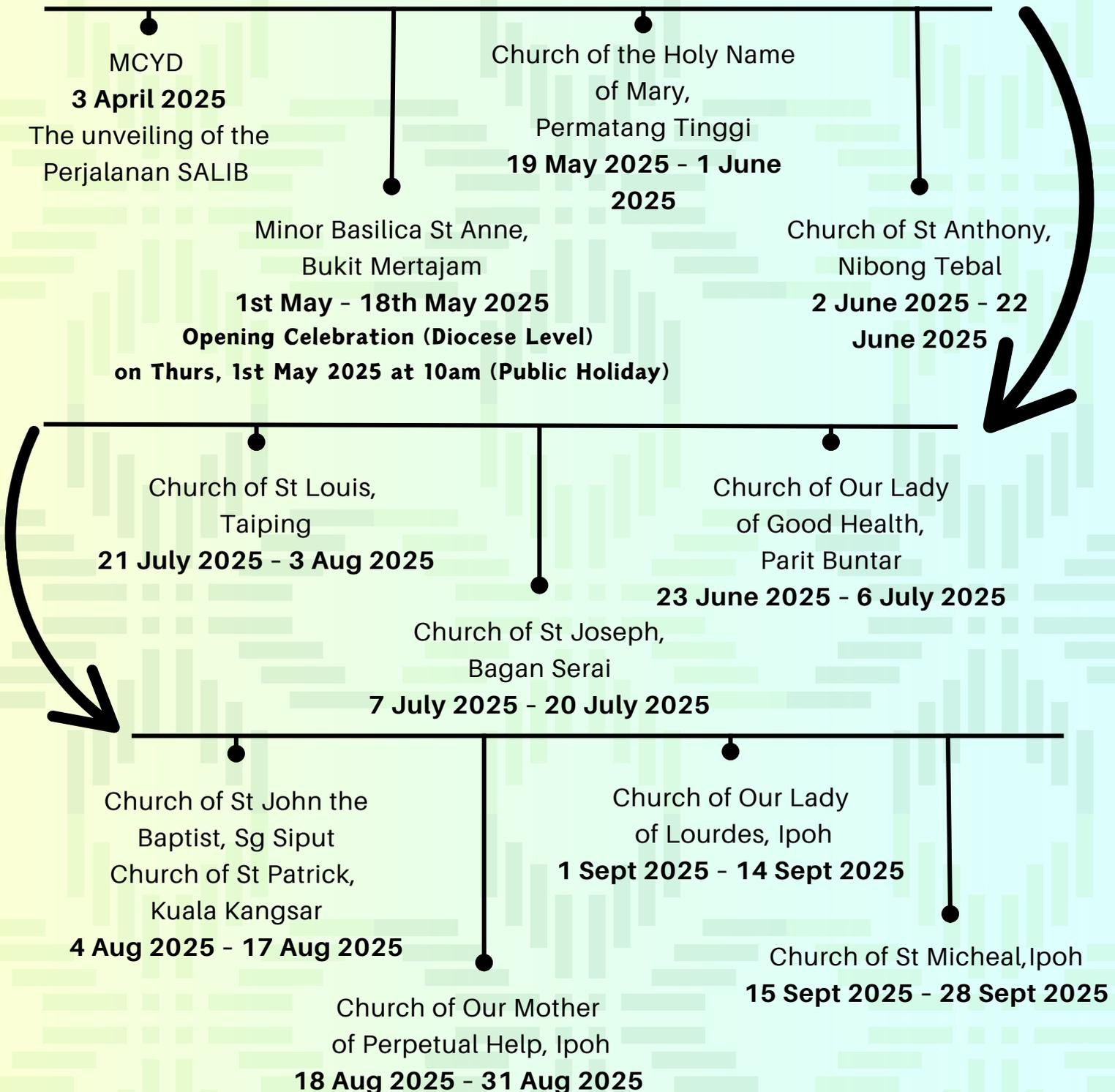
1) SIZE 13
SCREW
ADAPTER
2) 1 DRILL
ADAPTER

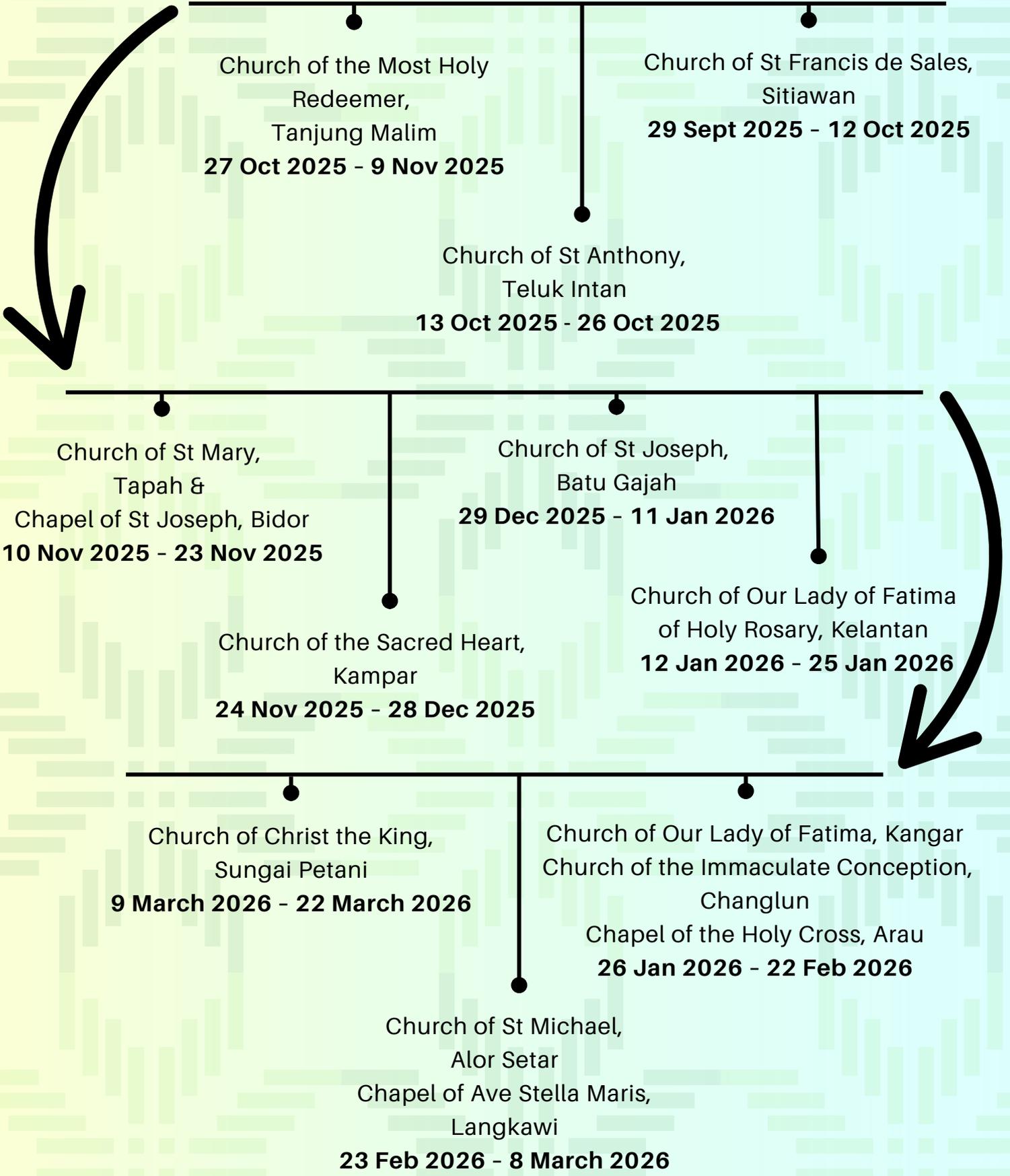
PERJALANAN SALIB

- 1. MCYD2025 - Solemn Blessing of The Salib**
- 2. Minor Basilica of St Anne - Perjalanan SALIB 2025-2026 commences in the Diocese.**
- 3. Pilgrimage – Salib travel Parish to Parish in the Diocese**
- 4. Cathedral of Holy Spirit - Perjalanan SALIB 2025-2026 concludes in the Diocese.**
- 5. MPC2026 - The Unification of The Salib**



SALIB ROUTE & CALENDAR OF DIOCESE OF PENANG







Church of the Sacred Heart
of Jesus, Kulim
23 March 2026 - 12 April 2026

Church of the Holy Name of Jesus,
Balik Pulau
27 April 2026 - 10 May 2026

Church of the Nativity of the
Blessed Virgin Mary,
Butterworth
13 April 2026 - 26 April 2026

Church of the Divine Mercy,
Sungai Ara
11 May 2026 - 24 May 2026

City Parish, Penang
22 June 2026 - 12 July 2026

Church of the Risen Christ,
Air Itam
25 May 2026 - 7 June 2026

Church of the Immaculate Conception,
Pulau Tikus
8 June 2026 - 21 June 2026

Cathedral of the Holy Spirit, Penang
13 July 2026 - 2 Aug 2026
Closing Ceremony Diocese Level
on Tues, 25 Aug 2026
at 10am (Public Holiday)

Malaysia Pastoral
Convention
9-13 SEPTEMBER 2026
The unification of the
Perjalanan SALIB

PERJALANAN SALIB WELCOMING AT RESPECTIVE PARISHES

- 1. Organise a Welcoming Mass**
- 2. Welcome the Cross with the Theme Song**
- 3. Incensing of the Salib**
- 4. Veneration of the Salib**
- 5. Project the Highlight Video**
- 6. Explain the Purpose of the Perjalanan Salib**

PERJALANAN SALIB SONG SHEET - BANGKIT LAH



Bangkitlah

Salib Malaysia

♩ = 120

Music & lyrics by Jeremy James Kong, Jane Ow,
Pete Kallang, Patrick Lazaroo & Brigette Januarius

Tu - han Eng - - kau - -

A Verse 1 & 2

lah yang ma - ha kua - sa Kau te - guh ke -
lah pu - tra yang tung gal Na - ma a - tas

- ku - a tan - ku Te - tap sa - ma du - lu se - ka -
- s'ga - la Na - ma Kau - lah ja - lan dan ke - be - nar -

- rang dan se - la ma la ma - nya Ba - pa yang ke -
an dan dan ke - hi dup - an Eng - kau - lah ra -

kal pen - cip - ta a lam Kau ke - nal s'ga la ca - ra - ku Te - tap sa
ja dan pen - ye - la mat Pe - ne - bus s'ga la do - sa - ku Ber - lim pah

ma be - las ka - sih Mu un - tuk ka mi se - mu - a Kau be - ri -
li - m - pah rah - mat da ri sa - lib - Mu Kau be - ri -

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B PreChorus 1 & 2

Em D Cmaj7



18 - ku hi 19 - dup yang ba ru 20 21 Ku hi - dup
- ku hi dup yang ba - ru Ku hi - dup

22 ke - ra na ka sih - Mu Ban-gun - lah_
ke - ra na sa lib - Mu

C Chorus

D A/C# Bm7



26 dan ber - si - nar lah Ki - bar - kan ting - gi ben - de - ra Tu - han
/A G D/F#
29 Men - yam - pai - kan kha - bar ba - ik Ye - sus ke - pa - da
C G/A
32 se mua bang sa Ting gi kan
D A/C# Bm7
34 lah sa - lib Tu - han Ye - sus Tu - han te lah mem - be - bas - kan ki - ta
/A G D/F#
37 De - ngan da - rah ke - mu - li - a - n - nya Ka - mi bang
1. C G/A C
40 kit se mu - la Bang - kit - la h Ye - sus Eng - kau
2. C G/A
44 kit se mu la Bang kit la -

D Instrumental

G / D/F#

46 47 48 49

Em7 Bm7 A/C# D Em7

50 51 52 53

Da - tang

E Bridge

C G/B

54 55 56 57

Roh Ku - dus_ (Da-tang Roh Ku dus)_ Meng-u - bah ki - ta_ (Meng-u - bah ki - ta)_ dan

Em7 D/F#

58 59

mem ba - wa_ bang - sa Mu Ke

G G/A A/B

60 61 62

ca - ha - ya Mu_ Ban - gun - lah_

F Chorus

E B/D# C#m7

63 64 65

dan ber - si - nar lah Ki - bar - kan_ ting - gi ben - de - ra Tu - han

/B A E/G#

66 67 68

Men yam - pai kan kha - bar ba - ik Ye - sus_ ke - pa - da_

D A/B

69 70

se mua_ bang sa_ Ting gi kan -

Chorus (cont.)

E B/D#

71 lah sa - lib Tu - han Ye - sus Tu - han te -

Detailed description: Musical staff 71-72. Treble clef, key signature of three sharps (F#, C#, G#). Chords E and B/D# are indicated above the staff. The melody consists of eighth and quarter notes. Lyrics: lah sa - lib Tu - han Ye - sus Tu - han te -

C#m7 /B

73 - lah mem - be - bas - kan ki - ta De - ngan da -

Detailed description: Musical staff 73-74. Treble clef, key signature of three sharps. Chords C#m7 and /B are indicated above the staff. The melody continues with eighth and quarter notes. Lyrics: - lah mem - be - bas - kan ki - ta De - ngan da -

A E/G# D

75 - rah ke - mu - li - a - n - nya Ka - mi bang - kit se - mu - la -

Detailed description: Musical staff 75-77. Treble clef, key signature of three sharps. Chords A, E/G#, and D are indicated above the staff. The melody features eighth and quarter notes. Lyrics: - rah ke - mu - li - a - n - nya Ka - mi bang - kit se - mu - la -

A/B

78 - Bang - kit - la -

Detailed description: Musical staff 78-79. Treble clef, key signature of three sharps. Chord A/B is indicated above the staff. The melody consists of quarter notes. Lyrics: - Bang - kit - la -

Outro

A E/G# F#m7 E/G#

79 - h 80 Bang - kit - la 81 h 82 Bang - kit - la -

Detailed description: Musical staff 79-82. Treble clef, key signature of three sharps. Chords A, E/G#, F#m7, and E/G# are indicated above the staff. The melody includes quarter notes and rests. Lyrics: - h 80 Bang - kit - la 81 h 82 Bang - kit - la -

A E/G# D

83 - h 84 Bang - kit - la 85 - h

Detailed description: Musical staff 83-85. Treble clef, key signature of three sharps. Chords A, E/G#, and D are indicated above the staff. The melody includes quarter notes and rests. Lyrics: - h 84 Bang - kit - la 85 - h

D /C /B /A /F# E

86 Bang kit la - h 87 88 Fine

Detailed description: Musical staff 86-88. Treble clef, key signature of three sharps. Chords D, /C, /B, /A, /F#, and E are indicated above the staff. The melody includes quarter notes and rests. Lyrics: Bang kit la - h 87 88 Fine

PERJALANAN SALIB - SONG LYRICS - BANGKIT LAH

BANGKITLAH

Verse 1

Tuhan engkaulah yang
mahakuasa
Kau teguh kekuatanku
Tetap sama dulu sekara~ng dan
selama-lamanya

Bapa yang kekal, pencipta alam
Kau kenal s'gala caraku
Tetap sama belas kasihmu
untuk kami semua

Pre Chorus 1

Kau beri~ku hidup yang baru
Ku hidu~p kerana kasihmu

Chorus

Bangunlah sion dan bersinarlah
Kibarkan tinggi bendera Tuhan
Menyampaikan khabar baik
Yesus
Kepada se-mua bangsa

Tinggikanlah salib Tuhan Yesus
Tuhan telah membebaskan kita
Dengan darah kemuli-ya-annya
Kami bangkit semula
Bangkitlah

Verse 2

Yesus engkaulah put'ra yang
tunggal
Nama atas s'gala nama
Kaulah jalan dan kebenara~n
dan kehidupan

Engkaulah raja dan penyelamat
Penebus s'gala dosaku
Berlimpah-limpah rahma~t dari
salibmu

Pre Chorus 2

Kau beri~ku hidup yang baru
Ku hidu~p kerana salibmu

Chorus

Bangunlah sion dan bersinarlah
Kibarkan tinggi bendera Tuhan
Menyampaikan khabar baik
Yesus
Kepada se-mua bangsa

Tinggikanlah salib Tuhan Yesus
Tuhan telah membebaskan kita
Dengan darah kemuliaannya
Kami bangkit semula

Bangkitlah

Bridge

Datang Roh Kudus (echo: Datang
Roh Kudus)
Mengubah kita (echo: Mengubah
kita)
Dan membawa bangsaMu
Ke cahayaMu

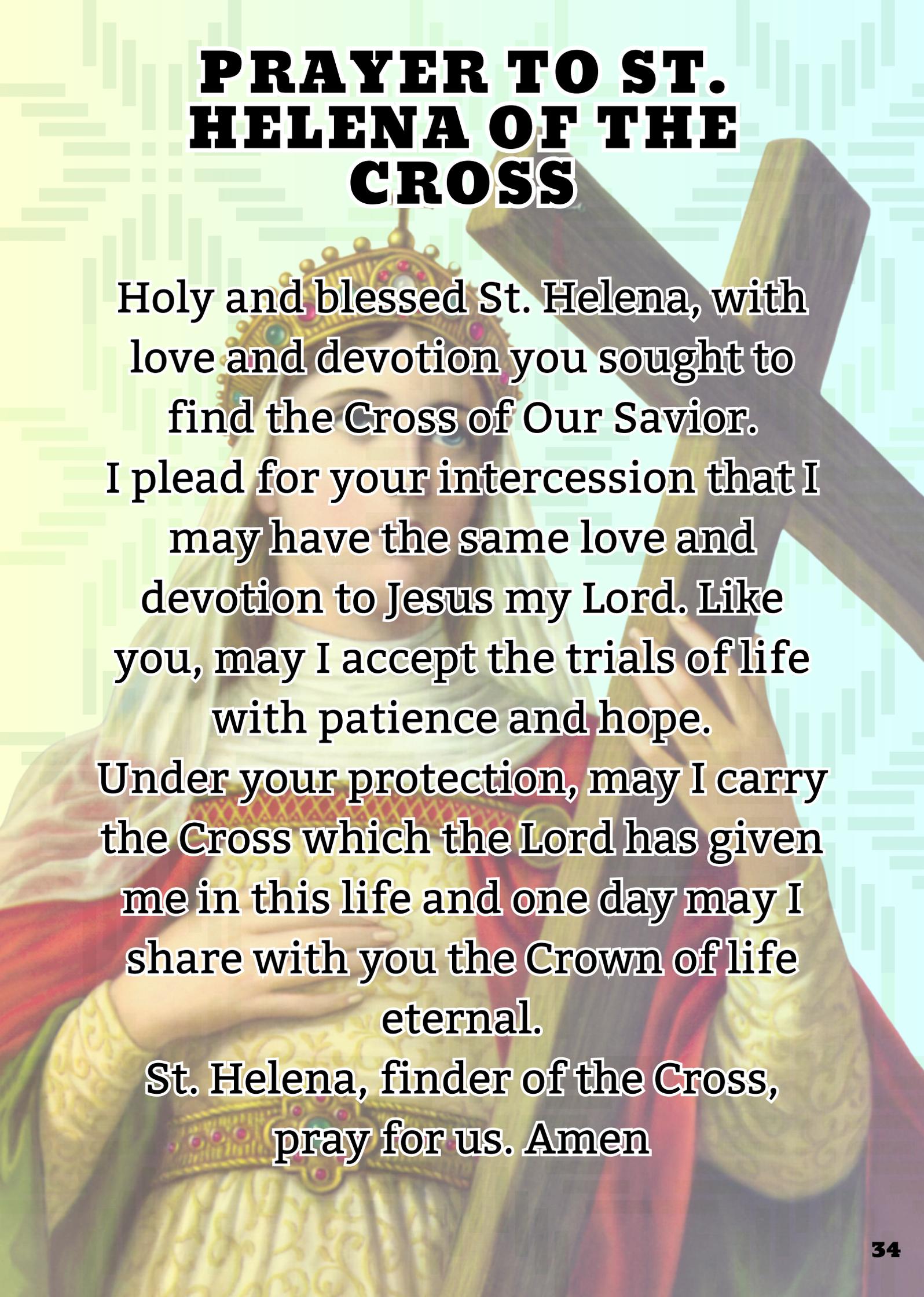
Chorus

Bangunlah sion dan bersinarlah
Kibarkan tinggi bendera Tuhan
Menyampaikan khabar baik
Yesus
Kepada se-mu-a bangsa

Tinggikanlah salib Tuhan Yesus
Tuhan telah membebaskan kita
Dengan darah kemulia-ya-
annya
Kami bangkit semula

Bangkitlah
Bangkitlah
Bangkitlah
Bangkitlah
Bangkitlah

PRAYER TO ST. HELENA OF THE CROSS



Holy and blessed St. Helena, with love and devotion you sought to find the Cross of Our Savior. I plead for your intercession that I may have the same love and devotion to Jesus my Lord. Like you, may I accept the trials of life with patience and hope. Under your protection, may I carry the Cross which the Lord has given me in this life and one day may I share with you the Crown of life eternal.

St. Helena, finder of the Cross,
pray for us. Amen

PARA LITURGY

**INTENTION:
FOR CHURCH**



Opening Hymn - The Old Rugged Cross

1. On a hill far away stood an old rugged cross,
the emblem of suffering and shame;
and I love that old cross where the dearest and best
for a world of lost sinners was slain.

Refrain

So I'll cherish the old rugged cross,
till my trophies at last I lay down;
I will cling to the old rugged cross,
and exchange it some day for a crown.

2. O that old rugged cross, so despised by the world,
has a wondrous attraction for me;
for the dear Lamb of God left his glory above
to bear it to dark Calvary. [Refrain]

3. In that old rugged cross, stained with blood so divine,
a wondrous beauty I see,
for 'twas on that old cross Jesus suffered and died,
to pardon and sanctify me. [Refrain]

Opening Prayer

(Everyone gathers around the Cross in a spirit of prayer and reflection.)

Leader:

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Heavenly Father, You have given us the Cross as the sign of our salvation and the Church as our home of faith. As we journey with the Cross through our parishes, communities, and homes, may it renew in us a deeper love for Christ and His Church. Strengthen us to carry our own crosses with faith and to remain united in the Body of Christ.

We ask this through Christ, our Lord. Amen.

First Reading: 1 Corinthians 1:18-25

A reading from the First Letter of Saint Paul to the Corinthians:

"Brothers and sisters: The message of the cross is folly for those who are on the way to ruin, but for those of us who are on the road to salvation it is the power of God. As scripture says: 'I am going to destroy the wisdom of the wise and bring to nothing the understanding of any who understand.' Where are the philosophers? Where are the experts? And where are the debaters of this age? Do you not see how God has shown up human wisdom as folly?

Since in the wisdom of God the world was unable to recognise God through wisdom, it was God's own pleasure to save believers through the folly of the gospel. While the Jews demand miracles and the Greeks look for wisdom, we are preaching a crucified Christ: to the Jews an obstacle they cannot get over, to the gentiles foolishness, but to those who have been called, whether they are Jews or Greeks, a Christ who is both the power of God and the wisdom of God. God's folly is wiser than human wisdom, and God's weakness is stronger than human strength."

Reader : The word of the Lord.

All : Thanks be to God.

(Pause for silent reflection.)

Responsorial Psalm: Psalm 22

Response: "My God, my God, why have You forsaken me?"

"My God, my God, why have you forsaken me? Why are you so far from saving me, from the words of my groaning?"

Response: "My God, my God, why have You forsaken me?"

"O my God, I cry by day, but you do not answer; and by night, but I find no rest."

Response: "My God, my God, why have You forsaken me?"

"Yet you are holy, enthroned on the praises of Israel. In you our ancestors trusted; they trusted, and you delivered them."

Response: "My God, my God, why have You forsaken me?"

"To you they cried out and were saved; in you they trusted and were not put to shame."

Response: "My God, my God, why have You forsaken me?"

Gospel Acclamation

Alleluia, alleluia.

"Whoever loses their life for my sake will find it, says the Lord."

Alleluia, alleluia.

Gospel

A reading from the Holy Gospel according to Matthew:

"Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. Anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will anyone gain by winning the whole world and forfeiting his life? Or what can anyone offer in exchange for his life? For the Son of man is going to come in the glory of his Father with his angels, and then he will reward each one according to his behaviour.'"

Reader : The Gospel of the Lord.

All : Praise to you, Lord Jesus Christ

Reflection

Leader:

The Cross is the central symbol of our faith, the ultimate sign of God's love and sacrifice. As we carry this Cross to our churches, communities, and homes, we are reminded that Christ is present in our struggles and that the Church stands as a beacon of hope for all who suffer.

The Church is called to be a place where the burdens of life are shared. Like Simon of Cyrene, we are called to help each other bear our crosses. The Cross and the Church are inseparable: through the Cross, the Church is born, and through the Church, the Cross is carried with love and devotion.

The Cross is not merely a symbol of suffering; it is also a symbol of hope. It reminds us that God is with us in our pain and that through suffering, new life is possible. Just as Christ embraced the Cross with love, we too are invited to accept the crosses in our lives—not as burdens to crush us, but as opportunities for growth, love, and transformation.

The Church, as the Body of Christ, carries the Cross together. We do not suffer alone. When we gather as a community, when we pray together, when we console and uplift one another, we make visible the love of Christ.

Let us reflect:

- How do we carry our own crosses?
- Do we support others in their struggles?
- Do we turn to the Church as a place of refuge and renewal?

May the Cross lead us closer to God and to one another in faith.

(Pause for silent reflection or invite personal sharing.)

Rite of Veneration of the Cross

Leader:

We now approach the Cross in faith, bringing before Christ our burdens, our hopes, and our commitment to His Church.

(Participants may come forward to touch, kiss, offer a candle, or bow before the Cross, offering personal silent prayers.)

Litany of the Cross

Leader: Lord Jesus, through Your Cross, You brought salvation to the world.

Response: **We adore You, O Christ, and we bless You.**

Leader: Through the Cross, You have called us to be one in Your Church.

Response: **Strengthen our faith, O Lord.**

Leader: Through the Cross, You teach us to love and serve one another.

Response: **Unite us in Your love, O Lord.**

Leader: Through the Cross, You offer us healing and reconciliation.

Response: **Lord, bring us Your peace.**

Leader: Through the Cross, You show us the path to humility and obedience.

Response: **Teach us to follow Your will, O Lord.**

Leader: Through the Cross, You unite all who suffer with Your own Passion.

Response: **Comfort those in pain, O Lord.**

Leader: Through the Cross, You teach us to forgive as You have forgiven us.

Response: **Fill our hearts with mercy, O Lord.**

Leader: Through the Cross, You remind us that death is not the end, but the gateway to eternal life.

Response: **Lead us to Your Kingdom, O Lord.**

Prayer to St. Helena of the Cross

Holy and blessed St. Helena, with love and devotion you sought to find the Cross of Our Savior.

I plead for your intercession that I may have the same love and devotion to Jesus my Lord. Like you, may I accept the trials of life with patience and hope.

Under your protection, may I carry the Cross which the Lord has given me in this life and one day may I share with you the Crown of life eternal.

St. Helena, finder of the Cross, pray for us. Amen

Intercessory Prayers

Leader: Gathered in the presence of the Cross, let us pray for our Church and for all in need:

- For the Church, that it may remain steadfast in faith and be a refuge for all who seek Christ's love. Lord, hear our prayer.
- For those who carry heavy burdens, that they may find strength in the Cross of Christ. Lord, hear our prayer.
- For our parish communities, that they may be places of healing and unity. Lord, hear our prayer.
- For each of us, that we may courageously carry our crosses and follow Christ with faith. Lord, hear our prayer.

Closing Prayer and Blessing

Leader:

Lord Jesus, as we journey with Your Cross, may it remind us of Your love and sacrifice. May our Church be strengthened in faith and unity, and may we always be ready to bear witness to Your redeeming love.

We ask this through Christ, our Lord. Amen.

Leader:

May the blessing of Almighty God, the Father, the Son, and the Holy Spirit come upon us and remain with us always. Amen.

Closing Hymn: How Great Thou Art

1. Oh Lord, my God
When I, in awesome wonder
Consider all the worlds Thy hands have made
I see the stars, I hear the rolling thunder
Thy power throughout the universe displayed

Refrain

Then sings my soul, my Savior God to Thee
How great Thou art, how great Thou art
Then sings my soul, my Savior God to Thee
How great Thou art, how great Thou art

2. And when I think that God, His Son not sparing
Sent Him to die, I scarce can take it in
That on the cross, my burden gladly bearing
He bled and died to take away my sin

PRAYER OF THE HOLY ROSARY

INTENTION: FOR FAMILY



Opening Hymn: O Purest of Creatures (Ave Maria)

1. O Purest of creatures, sweet Mother, sweet maid,
The one spotless womb wherein Jesus was laid!
Dark night hath come down on us, Mother! and we
Look out for thy shining, sweet Star of the Sea!

Ave, ave, ave Maria (2)

2. Deep night hath come down on this rough-spoken world,
And the banners of darkness are boldly unfurled;
And the tempest-tossed Church, all her eyes are on thee;
They look to thy shining, sweet Star of the Sea!

Ave, ave, ave Maria (2)

3. He gazed on thy soul, it was spotless and fair,
For the empire of sin---it had never been there;
None ever had owned thee, dear Mother, but He.
And He blest thy clear shining, sweet Star of the Sea!

Ave, ave, ave Maria (2)

The Sign of the Cross

In the name of the Father of the Son and of the Holy Spirit. Amen

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day, He rose again; He ascended into heaven and sits at the right hand of God, the Father Almighty. From there, He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be Thy name: Thy kingdom come: Thy will be done on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses as we forgive those who trespass against us. And do not lead us into temptation, but deliver us from the evil one.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory be

Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

The Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy.

The Mysteries of Rosary for Families

1. The Annunciation (Joyful Mystery) – Families Trusting in God's Will

Bible Passage:

"The angel said to her, 'Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus.'" – Luke 1:30-31

Reflection for Families:

The Annunciation reminds families to be open to God's will, just as Mary accepted God's plan with trust and humility. Families often face uncertainties—decisions about jobs, parenting, or hardships—but like Mary, they can find peace in surrendering to God's providence. Families are called to trust that God's plans, even when unexpected, bring great blessings.

Prayer:

Heavenly Father, we pray for single parents raising children alone, for couples longing for children, and for families struggling to discern Your will. Give them faith like Mary's, that they may trust in Your plan, even when it seems difficult. We pray for the grace to say "yes" to God's will in family life, especially in challenging moments. Help us all to embrace the responsibilities of family life with courage and hope. Amen.

(1 Our Father, 10 Hail Mary, 1 Glory Be)

2. The Wedding at Cana (Luminous Mystery) – Strength in Marriage and Family Life

Bible Passage:

"Jesus said to them, 'Fill the jars with water.' And they filled them up to the brim. Then he said to them, 'Now draw some out and take it to the master of the feast.' So they took it." – John 2:7-8

Reflection for Families:

At the Wedding at Cana, Jesus performed His first miracle at the request of His mother, Mary. This mystery highlights the importance of marriage and the role of Jesus in strengthening family life. Just as Jesus turned water into wine, He can transform difficulties in relationships into moments of grace when families invite Him into their lives.

Prayer:

Lord Jesus, we pray for couples facing difficulties in their marriage. Heal wounds caused by misunderstandings, betrayals, and struggles. Strengthen their love and help them to forgive as You forgive. We pray for couples to keep Jesus at the center of their marriage and for families to turn to Mary's intercession in times of need. With this, we also pray for those discerning marriage and religious vocations, that they may follow Your call with faith. Unite all families in love and peace. Amen.

(1 Our Father, 10 Hail Mary, 1 Glory Be)

3. The Crucifixion (Sorrowful Mystery) – Strength for Families in Suffering

Bible Passage:

"When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, 'Woman, behold, your son!' Then he said to the disciple, 'Behold, your mother!'" – John 19:26-27

Reflection for Families:

The Crucifixion is a moment of great sorrow, yet also of deep love. Jesus, even in His agony, ensured that His mother was cared for by entrusting her to John. Families today experience suffering—whether through illness, financial struggles, or emotional burdens. This mystery reminds families that Jesus understands their pain and is always with them, offering His strength and love.

Prayer:

We offer this decade for families carrying heavy crosses—those grieving the loss of a loved one, single parents struggling alone, and children caught in family conflicts. We lift up all the families to our God so that He may heal and mend every broken part of our lives. For all going through suffering, may find hope in Christ and support in one another. May God touch them with His healing hands and bring about a miraculous restoration of hope in their life.

(1 Our Father, 10 Hail Mary, 1 Glory Be)

4. The Resurrection (Glorious Mystery) – Hope and Renewal in Family Life

Bible Passage:

"He is not here; for he has risen, as he said. Come, see the place where he lay." – Matthew 28:6

Reflection for Families:

The Resurrection is the ultimate victory of life over death, of hope over despair. Families may struggle with difficulties, but this mystery reminds them that after every trial, new life and renewal are possible through Christ. Whether it's overcoming conflicts, healing broken relationships, or deepening faith, Jesus offers families a path to restoration and joy.

Prayer:

Risen Lord, bless families struggling with financial difficulties, unemployment, and overwhelming burdens (You may mention any other difficulties here). Help to trust that You will provide for their needs. Bring hope to those facing depression or despair, and renew their strength. May all families experience new beginnings, knowing that You are the source of life and joy. Amen.

(1 Our Father, 10 Hail Mary, 1 Glory Be)

5. The Coronation of Mary (Glorious Mystery) – Mary's Example for Mothers and Families

Bible Passage:

"A great sign appeared in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars." – Revelation 12:1

Reflection for Families:

Mary is crowned as Queen of Heaven and Earth, showing her closeness to God and her role in interceding for us. Mothers and families can look to Mary as a model of faith, humility, and perseverance. Just as she cared for Jesus, she continues to care for all families, guiding them toward holiness and unity.

Prayer:

Blessed Mother, intercede for all mothers, that they may raise their children with wisdom and faith. Strengthen grandmothers who provide love and guidance. We pray for children discerning their future—may they follow God's call, whether in family life or religious service. May all families encourage vocations and live in holiness. Amen.

(1 Our Father, 10 Hail Mary, 1 Glory Be)

Other Special Intercessions for Families

1. For Single Parents

We offer this decade for all families led by single parents. Lord, grant them the strength to work tirelessly each day, the courage to rise above judgment and misunderstanding, and the grace to nurture a loving and faith-filled home. May they find comfort in the knowledge that You are always with them, guiding and sustaining them with Your infinite love.

2. For Families with Their Own Business

We offer this decade for families managing their own businesses. Shower them with wisdom in their decisions, integrity in their dealings, and a heart that seeks the guidance of the Holy Spirit in all matters. May they honor You through their work, steward their resources wisely, and reflect Your love and righteousness in their actions, bringing glory to Your name.

3. For Families with Children Seeking a Spouse

We offer this decade for families whose children are seeking a life partner. Lord, guide them to a spouse who loves You deeply, strengthens their faith, and walks with them in righteousness. May their future companion be a source of love, stability, and support in a world filled with uncertainty, leading them closer to Your divine plan.

4. For Vocations in Families

We offer this decade that families may respond to the missionary call of the Church and play their part in the evangelization of the world. Enkindle in their hearts a burning zeal to proclaim the Gospel—whether in their own communities, across cultures, or in distant lands. May they courageously answer Your call and bring forth the light of Christ wherever it is needed.

5. For Families Struggling with Addiction

We offer this decade for families battling addiction—whether to alcohol, drugs, gambling, or other destructive habits. Lord, be their deliverer and strength. Give each person the courage to confront their struggles, the desire to seek healing, and the support of a loving family and community. May they find freedom in Your mercy and restoration in Your grace.

6. For Families Mourning the Loss of a Loved One

We offer this decade for families grieving the loss of a loved one. Lord, envelop them in Your peace, comfort their sorrow, and ease the weight of their grief. As days pass, may they find refuge in Your presence and reassurance in the promise of eternal life. Help them to cherish the memories of their loved ones while trusting in Your perfect plan.

7. For Families Facing Financial Hardships

We offer this decade for families struggling with financial difficulties and burdens of debt. Lord, be their provider and guide them through these challenging times. May they experience breakthroughs, opportunities, and unexpected blessings. Let them trust in Your provision, knowing that You care for their every need.

8. For Families in Need of Healing

We offer this decade for families seeking healing and restoration. Lord, mend what is broken—whether in body, mind, or spirit. Touch them with Your healing hands and bring miraculous renewal to their health, relationships, and lives. May Your love and mercy restore them to wholeness.

9. For Parents Worried About Their Children's Future

We offer this decade for parents burdened with concerns about their children's well-being, choices, and future. Lord, grant them wisdom to guide their children with love, patience to listen with understanding, and faith to entrust their children's journey into Your hands. May their children walk in Your light and fulfill the purpose You have set before them.

10. For Families in Need of Strength

We offer this decade for families seeking Your divine strength. Lord, uphold them with Your mighty hand in times of trial and hardship. When they feel weak, renew their courage; when they feel lost, be their guiding light. May they turn to You always, drawing upon Your power to endure and overcome life's challenges.

Hail Holy Queen

Hail, Holy Queen, Mother of mercy! hail, our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this vale, of tears. Turn, then, most gracious advocate, your eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

V: Pray for us O Holy Mother of God

R: That we may be made worthy of the promises of Christ

Let Us Pray

“O God whose only begotten Son, by His Life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech You that meditating upon these mysteries in the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, Through the same Christ our Lord Amen.

The “Memorare”

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.

Litany of the Rosary of the Blessed Virgin Mary

Lord, have mercy. **Lord have mercy.**

Christ, have mercy. **Christ have mercy.**

Lord have mercy. **Lord have mercy.**

Christ hear us. **Christ graciously hear us.**

God, the Father of heaven, **have mercy on us.**

God, the Son, Redeemer of the world, **have mercy on us.**

God, the Holy Spirit, **have mercy on us.**

Holy Trinity, one God, **have mercy on us.**

Response: **Pray for us.**

Holy Mary,

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of the Church,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Saviour,
Mother of mercy,
Virgin, most prudent,
Virgin, most venerable,
Virgin, most renowned,
Virgin, most powerful,
Virgin, most merciful,
Virgin, most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honour,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comfort of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Comfort of the afflicted,
Help of Christians,
Queen of Angels,

Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without
original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of families,
Queen of peace,

Lamb of God, who takest away
the sins of the world, **spare us, O
Lord.**

Lamb of God, who takest away
the sins of the world, **graciously
hear us, O Lord.**

Lamb of God, who takest away
the sins of the world, **have
mercy on us.**

Pray for us, O holy Mother of
God.

**That we may be made worthy
of the promises of Christ.**

Let us pray.

Grant, we beseech thee, O Lord
God, that we, your servants, may
enjoy perpetual health of mind
and body; and by the
intercession of the Blessed Mary,
ever Virgin, may be delivered
from present sorrow, and obtain
eternal joy. Through Christ our
Lord. Amen.

Prayer of St Helena of the Cross

Holy and blessed Saint Helena with the anguish and devotion with which you sought the Cross of Christ, I plead that you give me God's grace to suffer in patience the labors of this life, so that through them and through your intercession and protection, I will be able to seek and carry the Cross, which God has placed upon me, so that I can serve Him in this life and enjoy His Glory ever after. Amen.

For the intentions of the Holy Father, one may recite at the end of the Rosary 1 "Our Father", 1 "Hail Mary", and 1 "Glory Be".

Closing Hymn: Dear Lady of Fatima

1. Dear Lady of Fatima we come on bended knees
To beg your intercession for peace and unity
Dear Mary, won't you show us the right and shining way
We pledge our love and offer you a rosary each day.
2. You promised at Fatima each time that you appeared
To help us if we pray to you to banish war and fear
Dear Lady on first Saturdays, we ask your guiding hand
For grace and guidance here on earth and protection for our land

TAIZÉ PRAYER

INTENTION: FOR SOCIETY



Opening hymn

Christ Be Our Light
Longing for light, we wait in darkness
Longing for truth, we turn to You
Make us Your own, Your holy people
Light for the world to see
Christ, be our light
Shine in our hearts
Shine through the darkness
Christ, be our light
Shine in Your church gathered today
Longing for shelter, many are homeless
Longing for warmth, many are cold
Make us Your building, sheltering others
Walls made of living stone

Opening Prayer:

Lord Jesus,
You walked among us, healing the broken hearted,
lifting the oppressed and bringing hope to the weary.
Tonight, as we gather in prayer,
we bring before You, our society—
our communities, our nation, and our world.
May Your love be the light that transforms us.
May Your justice be the foundation of our actions.
May Your peace dwell in our hearts.
Come, Holy Spirit, and renew the face of the earth.
Amen.

First Reading (Micah 6:8)

“He has shown you, O mortal, what is good.
And what does the Lord require of you?
To act justly and to love mercy
and to walk humbly with your God.”

Silent Reflection

Second Reading (Matthew 25:35-40)

“For I was hungry, and you gave me food,
I was thirsty and you gave me drink,
I was a stranger, and you welcomed me...
Truly, I tell you, whatever you did for the least of these,
you did for me.”

Silent Reflection

Meditation song

Stay with Me
Stay with me, remain here with me
Watch and pray, watch and pray
(Repeat 3x)

Intercessions (After each, we say: “O Lord, hear my prayer”)

- For the leaders of our country, that they may govern with wisdom, integrity, and a heart for justice. (O Lord, hear my prayer...)
- For those suffering from poverty, discrimination, and injustice, that they may find hope and support in their struggles. (O Lord, hear my prayer...)
- For the youth of Malaysia, that they may grow in faith, courage, and a desire to serve society. (O Lord, hear my prayer...)
- For peace and unity among different races and religions, that we may embrace each other as brothers and sisters. (O Lord, hear my prayer...)

Our Father, Hail Mary (x3), Glory be..

Closing Prayer:

Loving Father,
You call us to be the light of the world and the salt of the earth.
As we carry the cross of faith throughout Malaysia,
may it be a symbol of unity, hope, and love in our society.
Let our actions reflect Your mercy,
our words bring healing,
and our lives be a testimony of Your Kingdom.

**We ask this through Christ, our Lord.
Amen.**

Final hymn

Make me a Channel of Your Peace

Make me a channel of your peace
Where there is hatred let me bring your love
Where there is injury, your pardon Lord
And where there is doubt true faith in You

Make me a channel of your peace
Where there is despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy

Oh, Master grant that I may never seek
So much to be consoled as to console
To be understood as to understand
To be loved as to love with all my soul

Make me a channel of your peace
It is in pardoning that we are pardoned
It is in giving to all men that we receive
And in dying that we are born to eternal life

**This Taizé prayer invites reflection, unity, and intercession for
Malaysia's society, in line with the Perjalanan Salib**

PRAYERS OF THE FAITHFUL

INTENTION: CARE FOR CREATION



- 1.** For the grace to be good stewards of creation, may we remember that caring for the environment is not only an obligation but also a privilege and a sacred calling from God.
- 2.** For all individuals and families, that we may recognize our responsibility to protect the environment and be mindful of our daily choices, striving to reduce petrol consumption and carbon emissions.
- 3.** For the Church, that she may continue to promote the Laudato Si' message, inspiring Catholics and people of all faiths to take concrete actions to care for our common home.
- 4.** For the grace to be faithful stewards of creation, that we may be guided by the Spirit to live in harmony with nature, cherishing God's gift of the Earth and preserving it for future generations.
- 5.** For the healing of our planet, that we may take responsibility for the damage caused by our actions and work towards restoration and renewal.
- 6.** For the inspiration to live more sustainably, that we may consume responsibly and minimize our ecological footprint.
- 7.** For the grace to see the interconnectedness of all life, that we may recognize that our actions affect not only ourselves but also the entire planet.
- 8.** For the gift of gratitude for creation, that we may thank God for the wonders of nature and our role as stewards of His magnificent gift.
- 9.** For the willingness to make sacrifices for the sake of the environment, that we may prioritize the long-term health of the Earth over short-term gains.
- 10.** For an increase in awareness about the impact of our daily choices, that we may make conscious decisions that benefit the environment.
- 11.** For the leaders of nations and communities, may they be guided by wisdom and compassion in making decisions that prioritize the care and protection of our precious environment.
- 12.** For the grace to resist consumerism and materialism, that we may seek fulfillment in meaningful relationships rather than material possessions.
- 13.** For all those affected by environmental disasters, may they find strength and support in their communities as they rebuild their lives and heal the wounds inflicted on nature.

14. For an increase in awareness and understanding of the impact of petrol use on the environment, may we strive to adopt sustainable practices and alternative energy sources that respect and preserve God's creation.

15. For the courage to confront the challenges posed by climate change, that we may approach them with hope and determination.

16. For farmers and all stewards of the land, may they be blessed with bountiful harvests and inspired to employ eco-friendly farming methods that nurture and sustain the Earth.

17. For the conversion of hearts and minds, that we may embrace a lifestyle of simplicity and humility in harmony with nature.

18. For the protection of endangered species, may we be moved to take action and work towards their preservation, recognizing the intrinsic value of all living creatures.

19. For the preservation of natural landscapes, that we may protect and cherish the beauty of mountains, forests and rivers.

20. For clean air and water, may we be mindful of our individual and collective responsibility in reducing pollution and waste, ensuring a healthier planet for future generations.

21. For the support and success of environmental organizations, that their efforts may be fruitful in safeguarding the Earth.

22. For policymakers and lawmakers, may they be granted the courage to enact laws and regulations that promote environmental conservation and combat climate change.

23. For the empowerment of local communities, that they may have a voice in decisions that affect their environment and livelihoods.

24. For industries and businesses, may they prioritize sustainability and eco-conscious practices, becoming agents of positive change in caring for our natural resources.

25. For the protection of clean drinking water sources, that we may work to ensure access to this essential resource for all.

26. For educators and communicators, may they effectively convey the importance of environmental stewardship, inspiring others to take part in caring for God's creation.

- 27.** For the preservation of biodiversity, that we may celebrate the richness of God's creation in its many forms.
- 28.** For communities facing environmental challenges, may they find solidarity and support from others, working together to address and overcome these issues.
- 29.** For the enlightenment of those who deny the urgency of environmental issues, that they may recognize the reality of climate change.
- 30.** For scientists and researchers, may their discoveries and innovations lead to breakthroughs in renewable energy and eco-friendly technologies.
- 31.** For the strength to persevere in caring for creation, that we may not grow weary in doing what is right for the Earth.
- 32.** For all travelers and commuters, may we be mindful of our carbon footprint, seeking alternative transportation methods and reducing our reliance on fossil fuels.
- 33.** For the wisdom to make sustainable choices, that we may consider the long-term consequences of our actions.
- 34.** For those living in areas affected by deforestation and land degradation, may they find hope in restoration efforts and experience the renewal of nature's beauty.
- 35.** For the guidance of the Holy Spirit, that we may discern the best ways to care for the environment and protect its resources.
- 36.** For the protection of oceans and marine life, may we be inspired to combat plastic pollution and overfishing, safeguarding the diverse ecosystems of the deep blue.
- 37.** For the protection of agricultural lands, that they may be preserved for future generations to cultivate and thrive.
- 38.** For communities living near industrial sites and waste facilities, may their voices be heard and their health safeguarded, as we advocate for environmental justice.
- 39.** For a deeper appreciation of God's creation, may we spend time in nature, recognizing the divine presence in every living creature and natural wonder.

- 40.** For businesses and individuals, may we be blessed with the resources and opportunities to invest in renewable energy and eco-friendly initiatives.
- 41.** For the empowerment of young people, that they may take an active role in shaping a sustainable and just future.
- 42.** For the reduction of food waste, may we be conscious of our consumption habits, ensuring that we only take what we need and share abundance with those in need.
- 43.** For international cooperation in addressing climate change, may nations work together in unity and solidarity to protect our planet and preserve its beauty.
- 44.** For the leaders of nations, that they may prioritize the care and protection of the environment, seeking sustainable solutions to reduce petrol use and safeguard the delicate balance of God's creation.
- 45.** For the grace to overcome indifference, that we may be moved to action by the plight of the environment.
- 46.** For all those in positions of power and influence within the petroleum industry, that they may be inspired to embrace renewable and eco-friendly alternatives, showing responsible stewardship of Earth's resources.
- 47.** For the unity of all people in caring for creation, that we may collaborate across borders and cultures for the common good.
- 48.** For our local communities, that we may be united in our efforts to reduce petrol consumption by embracing public transportation, carpooling, and adopting more sustainable modes of travel.
- 49.** For farmers and agricultural workers, that they may be blessed with the knowledge and wisdom to practice environmentally-friendly and regenerative farming methods, nurturing the land and preserving its fertility.
- 50.** For scientists and researchers, that they may be guided by the Holy Spirit in their quest for innovative technologies that promote clean energy and reduce our dependence on fossil fuels
- 51.** For the blessing of hope, that we may trust in God's providence as we work towards a world of ecological harmony.

52. For those who suffer the consequences of environmental degradation, particularly the poor and vulnerable, that they may find support and solidarity from others in their time of need.

53. For an increased awareness of the impact of petrol use on climate change, that we may be motivated to advocate for policies and practices that foster sustainable living and respect for God's creation.

54. For farmers and agricultural workers, that they may be blessed with favorable weather and abundant harvests as they care for the land.

55. For the protection of endangered species, that we may be moved to take action and advocate for their preservation.

56. For the conservation of forests and natural habitats, that we may work together to safeguard the homes of countless plant and animal species.

57. For businesses and industries, that they may adopt eco-conscious practices and become agents of positive change.

58. For the courage to speak up against environmental injustices, that we may advocate for the rights of those affected by pollution and exploitation.

59. For the protection of our climate, that we may take collective action to reduce greenhouse gas emissions and combat global warming.

Lord, hear our prayers and grant us the strength and wisdom to care for the environment, protecting it as a precious gift from You. May our actions reflect our love for You and all creation. Amen.

WAY OF THE CROSS

Stations of the Resurrection



INTRODUCTION

All:

Alleluia, alleluia, alleluia.

O sons and daughters, let us sing!

The King of heaven the glorious King,

Over death today rose triumphing, Alleluia!

SIGN OF THE CROSS

Reading:

'For we have grown into union with Christ through a death like His, we shall also be united with Him in the resurrection....If, then, we have died with Christ, we believe that we shall live with Him....Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus: (Romans 6: 5, 7, 11).

Reflection:

Let us walk this pilgrimage of faith, the Via Lucis, as daughters and sons of the light and as witnesses of the Risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ blazes through our lives.

FIRST STATION

JESUS RISES FROM THE DEAD

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"The angel of the Lord said to the women: 'Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said.'" (Matthew 28: 5b-6a).

Reflection:

On the first day of the week, at the dawning of the new creation, Jesus arose from the dead. No one saw the event, yet like the apostles, we are called to be witnesses of this central faith event. The light and power of Christ's death and resurrection has become the pattern for our living. May we recognize Christ's dying and rising in our midst.

Silence

Prayer:

This is the day, Lord God, that You have made! Raising Christ from the dead, and raising us with Christ, You have fashioned for Yourself a new people. As we hear the word that brings salvation, make our hearts burn within us. Through the presence of every friend and stranger, reveal to us the face of the One who had first to suffer, but who has entered now into glory, Jesus Christ, our Passover and our Peace, living and reigning with You, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.

That Easter morn, at break of day,

The faithful women went their way

To seek the tomb where Jesus lay, Alleluia

SECOND STATION

THE DISCIPLES DISCOVER THE EMPTY TOMB

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed"
(John 20: 8).

Reflection:

The empty tomb was not a proof of the resurrection, but rather a silent witness of the greatest event of our faith. Seeing the empty tomb, the disciples were motivated to seek the Risen Lord at work in their midst. They saw and believed in the continuing presence of the Lord of love. All the empty and lonely places of human life are precisely where the Lord wishes to work and be revealed.

Silence

Prayer:

God our Father, creator of all, today is the day of overwhelming joy. The Lord appeared to those who had begun to lose hope and opened their eyes to what the Scriptures foretold: that first He must die and then rise. May the Risen Lord breathe on our minds and open our eyes that we may know Him in the breaking of bread, and follow Him in His risen life. Grant this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.
The dear belov'd apostle John
Could faster than St. Peter run,
Arriving first before the tomb. Alleluia.

THIRD STATION

THE RISEN LORD APPEARS TO MARY MAGDALEN, APOSTLE TO THE APOSTLES

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"She turned around and saw Jesus there, but did not know it was Jesus. Jesus said to her, 'Woman, why are you weeping? Whom are you looking for?' She thought He was the gardener and said to Him, 'Sir, if you carried Him away, tell me where you laid Him, and I will take Him.' Jesus said to her, 'Mary!' She turned and said to Him in Hebrew, 'Rabbouni,' which means Teacher. Jesus said to her, 'Stop holding on to Me, for I have not yet ascended to the Father. But go to My brothers and tell them, 'I am going to My Father and your Father, to My God and your God.' Mary of Magdala went and announced to the disciples, 'I have seen the Lord,' and what He told her" (John 20: 14b-18).

Reflection:

In the fourth gospel, Mary Magdalen is given the mission to carry the good news of the resurrection to the apostles and the disciples. Mary had been in the company of Jesus and His followers, and is given the privilege to announce the hope of new life. She is known over the centuries as "the apostle to the Apostles." Jesus called her by name, gave her the eyes of faith, and called her to give a unique personal witness to her friends in the faith community.

Silence

Prayer:

God our Father, You will that all people to be saved and come to the knowledge of Your truth. Send workers into Your great harvest that the Gospel may be preached to every creature. May Your people, gathered together by the word of life and strengthened by the power of the sacraments, advance in the way of salvation. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.
Not Magdalen, not Salome,
Nor James' own mother then delay
Embalming Jesus' corpse that day. Alleluia.

FOURTH STATION

THE RISEN LORD APPEARS ON THE ROAD TO EMMAUS

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"...It happened that while they were conversing and debating, Jesus Himself drew near and walked with them, but their eyes were prevented from recognizing Him.... And He said to them, 'Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into His glory?' Then beginning with Moses and all the prophets, He interpreted to them what referred to Him in all the scriptures" (Luke 24: 15, 25-27).

Reflection:

The Emmaus road is the story of the Christian life. These disciples were walking away from Jerusalem and the apostolic faith community in defeat and dejection. They had lost hope. We too, have moments of despair and desolation. The Risen Lord Jesus accompanies us along the road, even when we are moving in the wrong direction. Only the Lord can "break open" the Word in order to help us understand the stories of our lives, especially suffering, and read them in harmony with the pattern of the Scriptures. Only the Lord can rekindle our energy and our resolve to devote ourselves to what is most important in life.

Silence

Prayer:

Lord God, as disciples on our pilgrimage, we implore Jesus Christ: stay with us, Lord. Open our hearts to true conversion and, as we have known the Lord in the breaking of the bread, so make us witnesses of a new humanity, renewed, reconciled and at peace in Your love. Send us as heralds of the repentance and forgiveness You offer to all in the name of Jesus, who lives and reigns with You, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.
That night the apostles met in fear;
Amidst them came the Lord most dear,
And said My peace be on all here. Alleluia.

FIFTH STATION

THE RISEN LORD IS RECOGNIZED IN THE BREAKING OF THE BREAD

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

" ...They urged Him, 'Stay with us, for it is nearly evening and the day is almost over.' So He went in to stay with them. And it happened that while He was with them at table, He took bread, said the blessing, broke it, and gave it to them. With that, their eyes were opened and they recognized Him, but He vanished from their sight. Then they said to each other, 'Were not our hearts burning within us while He spoke to us on the way and opened the scriptures to us'" (Luke 24: 29-32).

Reflection:

The encounter on the road leads to the table, the breaking of the bread and the total gift of self. Recognition of the Risen Lord is always linked with the Eucharist. At the heart of our Christian life is this meal of Word and Eucharist which we celebrate every Sunday. The Risen Lord presides over all our journeys, wishing to set our hearts on fire in generous service to all people in need, near and far. The gift we have received is the gift we share. Humbly, we set out on the various roads of our lives to respond to all the hungers of the human family.

Silence

Prayer:

You are truly blessed, O God of holiness: You accompany us with love as we journey through life. Blessed too, is Your Son, Jesus Christ, who is present among us, and whose love gathers us together. As once He did for His disciples, Christ now opens the Scriptures for us and breaks the bread. May the Eucharist we celebrate guide us to the fullness of Christ's life. We pray in the power of Christ's Spirit, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.
When Thomas, first the tidings heard,
How they had seen the Risen Lord,
He doubted the disciples' word. Alleluia.

SIXTH STATION

THE RISEN LORD APPEARS TO THE COMMUNITY OF DISCIPLES

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"Why are you troubled? And why do questions arise in your hearts? Look at My hands and My feet, that it is I Myself. Touch Me and see, because a ghost does not have flesh and bones as you can see I have,' And as He said this, He showed them His hands and His feet" (Luke 24: 38-40).

Reflection:

The disciples on the road to Emmaus quickly returned to the other disciples in Jerusalem with "burning hearts." Their despair had been reversed and they were eager to convince the others that Jesus was alive. Jesus the Christ is always eager to gather the community of disciples at the table of faith and to show them that He has risen with His wounds glorified. All our wounds will one day be glorified. We seek to understand how the Risen Lord invites us to be "wounded healers," recognizing now that the Lord desires us to be ambassadors of reconciliation, while we ourselves are being forgiven and healed.

Silence

Prayer:

God of unchanging power and light, look with favor and mercy on the entire community of Your Church. Bring lasting salvation to the human family, so that the world may see the fallen lifted up, the old made new, and all things brought to perfection, through Him who is our origin, our Lord Jesus Christ who lives and reigns forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.
My wounded side, O Thomas see;
Behold My hands, My feet, said He
Not faithless, but believing be. Alleluia.

SEVENTH STATION

THE RISEN LORD BREATHES PEACE AND GIVES THE POWER TO FORGIVE

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

Jesus came and stood in their midst and said to them, 'Peace be with you'... The disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent Me, so I send you.' And when He had said this, He breathed on them and said to them, 'Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained'" (John 20: 19b, 20b-23).

Reflection:

Even though the doors of the Upper Room were bolted shut, the Risen Lord pierced through all fear and united the hearts of the disciples with the gift of peace. Deep inner peace is the root and source of the peace and joy that the world cannot give. The Risen Lord calls us to seek peace always through a non-violent commitment to conflict resolution and thus transform the world, relationship by relationship.

Silence

Prayer:

God of perfect peace, violence and cruelty can have no part of You. May those who are at peace with one another hold fast to the good will that unites them; may those who are enemies forget their hatred and be healed. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

No longer Thomas then denied,

He saw the feet, the hands, the side;

You are my Lord and God, he cried, Alleluia!

EIGHTH STATION

THE RISEN LORD STRENGTHENS THE FAITH OF THOMAS

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"Thomas...was not with them when Jesus came.... Thomas said, 'Unless I see the mark of the nails in His hands and put my finger into the nail marks and put my hand into His side, I will not believe'...Jesus came...and stood in their midst and said, 'Peace be with you.' Then He said to Thomas, 'Put your finger here and see My hands, and bring your hand and put it into My side, and do not be unbelieving, but believe'...Blessed are those who do not see and yet believe." (John 20: 24-29).

Reflection:

The story of Thomas is important because it is through Thomas' example that we realize that doubt can be a part of faith. Too easily we call him "Doubting Thomas," and forgetting that after examining the nail marks, he fully embraced the Risen One as his Lord and Savior. Thomas' doubt was transformed into a lively faith. We too, are called to believe, knowing full well that our faith may be tested by doubt and fear. As disciples who desire an ever-deeper faith, we are patient and understanding with those who are struggling, searching and seeking like Thomas.

Silence

Prayer:

Heavenly Father and God of mercy, we no longer look for Jesus among the dead, for He is alive and has become the Lord of life. From the waters of death You raise us up with Him and renew Your gift of life within us. Increase in our minds and hearts the risen life we share with Christ and help us to grow as Your people toward the fullness of eternal life with You. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.
How blest are they who have not seen,
And yet whose faith has constant been
For they eternal life shall win. Alleluia!

NINTH STATION

THE RISEN LORD EATS WITH THE DISCIPLES ON THE SHORE OF TIBERIAS

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"Jesus said to them, 'Bring some of the fish you just caught.' So Simon Peter went over and dragged the net ashore full of one hundred fifty-three large fish. Even though there were so many, the net was not torn. Jesus said to them, 'Come, have breakfast.' And none of His disciples dared to ask Him, 'Who are You?' because they realized it was the Lord" (John 21: 10-12).

Reflection:

After the crucifixion, the apostles returned to their former way of life. Out on the familiar Sea of Galilee, these expert fishers find themselves ineffective and baffled because not even a single fish was caught. From the shore, the Risen Lord guides them and directs their nets until they are filled to overflowing. As He prepares breakfast for them, He nourishes their hearts and promises them that they can also be fed by making disciples in His name. He calls them to an entirely new way of fishing—fishing for people.

Silence

Prayer:

Father in heaven, author of all truth, a people once in darkness has listened to Your Word and followed Your Son as He rose from the tomb. Hear the prayer of this newborn people and strengthen Your Church to answer Your call. May we rise and come forth into the light of day to stand in Your presence until eternity dawns. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

On Sunday morn at break of day

The sad disciples went their way

To see the tomb where Jesus lay. Alleluia

TENTH STATION

THE RISEN LORD FORGIVES PETER AND ENTRUSTS HIM TO FEED HIS SHEEP

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"When they had finished breakfast, Jesus said to Simon Peter, 'Simon, son of John, do you love Me more than these?'... Peter was distressed that Jesus had said to him a third time, 'Do you love Me?' and he said to Him, 'Lord, You know everything, You know that I love You.' Jesus said to him, 'Feed my sheep.... Follow Me' " (John 21: 15, 17b, 19b).

Reflection:

The Risen Lord directs His attention to Peter whose embarrassing three-fold denial was still ringing in his heart. The questions posed by Jesus help Peter to find reconciliation and to embrace his new mission to tend and feed the sheep. Their encounter reminds us that forgiveness is always available, even for the most serious of mistakes we can make. This warm embrace of forgiveness strengthens our resolve to be reconcilers and healers in the Spirit of Jesus. Only love can overcome guilt and deception. Only love and forgiveness can make us whole.

Silence

Prayer:

Father, fill our hearts with the fire of Your love and the desire to ensure justice for our brothers and sisters. By sharing the good things You give us, may we secure justice and equality for every human being, an end to all division, and a human society built on love and peace. Grant this through Christ our Lord.

All:

Alleluia, alleluia, alleluia.
An angel clad in white they see,
Who sat and spoke unto the three,
Your Lord has gone to Galilee, Alleluia!

ELEVENTH STATION

THE RISEN LORD SENDS THE DISCIPLES INTO THE WORLD

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"Go therefore, and make disciples of all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age"
(Matthew 28: 19-20).

Reflection:

From the mountaintop, the Risen Lord gives the "Great Commission" to the disciples to reach out to the ends of the earth. We realize that we are the recipients of this faith-filled mission: our ancestors embraced the faith of the apostles, who were the original witnesses of the resurrection. The greatest response we can give to such a legacy is our dedication to a new evangelization of our contemporary culture. We must allow the Risen Lord to reinvigorate our whole way of living, helping us to re-evaluate every aspect of our lives with the values of the Kingdom of God.

Silence

Prayer:

God of all creation, whose mighty power raised Jesus from the dead, be present to this community of disciples whom You have called to the hope of a glorious inheritance among the saints. Strengthen us in the power of the Spirit to go and make disciples of all nations, to obey everything that Jesus Christ has commanded us, and to know that He is with us always until the end of the age, interceding on our behalf, living and reigning with You in the power of the Holy Spirit, now and forevermore. Amen.

All:

Alleluia, alleluia, alleluia.
And we with Holy Church unite,
As evermore is just and right,
in glory to the King of light. Alleluia.

TWELFTH STATION

THE RISEN LORD ASCENDS INTO HEAVEN

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"So then the Lord Jesus, after He spoke to them, was taken up into heaven and took His seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs" (Mark 16: 19-20).

Reflection:

The Scriptures do not portray the Ascension as a day of sadness. While still looking up at the skies, the disciples were consoled by the continuing presence of the Lord. They return to the familiar surroundings of the Upper Room, with Mary, the mother of the Lord, to pray in anticipation of their mission. In this "original novena," we continue to implore the Risen Lord to be the center of our lives and to keep us focused as a jubilant pilgrim people.

Silence

Prayer:

Eternal God, clothe us now with Your power. With the eyes of our hearts enlightened, may we come to understand the immeasurable greatness of Your power at work in us who believe. In that strength, may we boldly pronounce the Good News of our salvation to everyone. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.
Our humble thanks to God let's show
And fitting praise on Him bestow
For Paschal blessings here below. Alleluia.

THIRTEENTH STATION

MARY AND THE DISCIPLES KEEP VIGIL IN THE UPPER ROOM FOR THE SPIRIT'S ADVENT

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"When they entered the city, they went to the upper room where they were staying.... All [the apostles] devoted themselves with one accord to prayer, together with some women, and Mary, the mother of Jesus, and His brothers" (Acts 1: 13a, 14).

Reflection:

Throughout the history of the Church, there have been apostolic movements dedicated to prayerful contemplation, and others resulting in transforming action. As we have crossed the threshold into a new millennium, we look to the "Upper Room" as a symbolic place where we return over and over again, so that we can become "contemplatives in action." As persons who are both prayerful and energetic in service to the Gospel, we must always keep vigil for the advent of the Risen Lord, with the flame of faith alive in our hearts. Only the Lord can refresh our spirits and renew us in the ministries that flow from our Baptism and Confirmation..

Silence

Prayer:

Father most holy, see Your Church gathered here in prayerful worship like the first disciples and Mary in the Upper Room. Grant that we may accomplish, in the joy of the Holy Spirit, all that You give us to do in the world. May we gladly share in Christ's sufferings so as to rejoice when His glory is revealed. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.
On this most holy day of days,
To God your hearts and voices raise,
In laud and jubilee and praise. Alleluia!

FOURTEENTH STATION

THE RISEN LORD SENDS THE HOLY SPIRIT

All:

We adore You, O Christ and we praise You!
Because by the Wood of the Cross and the Light of the Resurrection,
You have redeemed the world!

Reading:

"... Suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim" (Acts 2: 2-4).

Reflection:

The power of the Holy Spirit drives the disciples from the Upper Room into the streets and marketplace. The Spirit compels them to take the message everywhere, in places familiar and unfamiliar, not stopping until they reach the ends of the world. We have been clothed with the same Spirit. We are called to be evangelizers and witnesses, near and far, wherever we go. The Spirit always goes before us, preparing the way and strengthening our hearts to be generous servants of the Risen Lord who ever guides us. Pentecost is an enduring and continuing event. We implore the Holy Spirit to renew the face of the earth by renewing us.

Silence

Prayer:

Father in heaven, through this spiritual journey, You have reminded us of the fullness of the mystery of Your revealed love. See Your people gathered in prayer, open to receive the Spirit's flame. May it come to rest in our hearts and disperse the divisions of word and tongue. With one voice and one song, may we praise Your name in joy and thanksgiving. Grant this through Christ our Lord, and in the power of the Spirit, both now and forevermore. Amen.

All:

Alleluia, alleluia, alleluia.
O sons and daughters of the Lord,
The King of glory, King adored,
From death to life has been restored. Alleluia.

CONCLUSION

Reading:

" ... Jesus Himself, through them, sent forth from east to west the sacred and imperishable proclamation of eternal salvation. Amen" (Mark 16:8, the Shorter Ending).

Reflection:

Through the Via Lucis, we have shared our pilgrim journey with the Risen Lord. As servants and witnesses of Christ, let us now pray in the way our Savior taught us:

All:

"Our Father..."

Prayer:

Lord, may everything we do, begin with Your inspiration, continue with Your help, and reach perfection under Your guidance. We ask this through Christ, our Risen Lord. Amen.

Sign of Peace

PERJALANAN SALIB HANDOVER OF THE SALIB TO THE FOLLOWING PARISH

- 1. Closing Mass**
- 2. Welcome the next Parish Representative to attend the Mass.**
- 3. Parish Activity Highlights Video Presentation**
- 4. Testimony Sharing**
- 5. Carry out the Cross during the final hymn / Handover the Cross to the next Parish Representative**
- 6. Checklist for the Cross (Ensure all items are in place)**
- 7. Logistics and Transport (The parish currently holding the Cross is responsible)**
- 8. Encourage ongoing reflection**

“As we reflect on Christ’s final words on the cross, ‘It is finished’ (John 19:30), let us journey together in faith toward the victory of His resurrection. The Diocese of Penang hopes that Perjalanan Salib will deepen the faith of both clergy and laity, strengthening unity, inspiring repentance, and renewing our commitment to Christ’s ultimate sacrifice. May this sacred journey uplift small church communities, empower families, enrich society, and awaken a greater sense of care for God’s creation.”

Thank You

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