



**THE STATIONS OF
THE RESURRECTION
PRAYING THE WAY OF THE LIGHT**

Imprimatur:

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INTRODUCTION

Easter bells are ringing.
Jesus is resurrected, bringing joy
and the promise of new life.
The Via Lucis—the Way of Light
—is a devotion similar to
The Via Crucis—the Way
of the Cross. The Way of
the Cross follows Jesus' last
hours of anguish and death.
The Way of Light, also known
as the Stations of
the Resurrection, celebrates
the fifty days of Easter,
the most joyful time in
the Christian calendar. Using
the metaphor of a journey,
the Way of Light moves from
the experience of darkness and
suffering to one of light and hope.



OPENING PRAYER

All: Alleluia, alleluia, alleluia.
O sons and daughters, let us sing!
The King of heav'n the glorious King,
O'er death today rose triumphing,
Alleluia!

Sign of the Cross

Reading: For if we have been united with Him in a death like His, we will certainly be united with Him in a resurrection like His... if we have died with Christ, we believe that we will also live with Him (Romans 6:5-8).

Reflection: Let us walk this pilgrimage of faith, the Via Lucis, as daughters and sons of the light and as witnesses of the risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ blazes through our lives.



“He has been raised”
(Matthew 28:5-6)

THE FIRST STATION

JESUS RISES FROM THE DEAD

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

But the angel said to the women, "Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here, for He has been raised, as He said" (Matthew 28: 5-6).

Pause for reflection

Prayer

This is the day, Lord God, that You have made. Raising Christ from the dead, and raising us with Christ, You have fashioned for Yourself a new people. As we hear the word that brings salvation, make our hearts burn within us. Through the presence of every friend and stranger, reveal to us the face of the one who had first to suffer, but who has entered now into glory, Jesus Christ, our Passover and peace, living and reigning with You, forever and ever. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
That Easter morn, at break of day,
The faithful women went their way
To seek the tomb where Jesus lay, Alleluia!



“He is not here”
(Matthew 28:1-6)

THE SECOND STATION
**THE DISCIPLES DISCOVER
THE EMPTY TOMB**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

Then the other disciple, who reached the tomb first, also went in, and he saw and believed... (John 20: 8).

Pause for reflection

Prayer

God our Father, Creator of all, today is the day of overwhelming joy. The Lord appeared to those who had begun to lose hope and opened their eyes to what the scriptures foretold: that first he must die and then rise. May the risen Lord breathe on our minds and open our eyes that we may know Him in the breaking of bread, and follow Him in His risen life. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
The dear below'd apostle John
Could faster than St. Peter run,
Arriving first before the tomb. Alleluia!



“Rabbouni!”
(John 20:16)

THE THIRD STATION

THE LORD APPEARS TO MARY MAGDALENE

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

Jesus said to her, "Mary!" She turned and said to Him in Hebrew, "Rabbouni!" (which means teacher). Jesus said to her, "...go to my brothers and say to them, I am ascending to my Father and your Father, to my God and your God" (John 20: 16-17).

Pause for reflection

Prayer

God our Father, You want all people to be saved and come to the knowledge of Your truth. Send workers into Your great harvest, that the Gospel may be preached to every creature. May Your people, gathered together by the word of life and strengthened by the power of the sacraments, advance in the way of salvation. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
Not Magdalen, not Salome,
Nor James' own mother then delay
Embalming Jesus' corpse that day. Alleluia!



“What are you discussing?”

(Luke 24:13-27)

THE FOURTH STATION THE LORD APPEARS ON THE ROAD TO EMMAUS

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing Him. "Was it not necessary that the Messiah should suffer these things and then enter into His glory?" Then beginning with Moses and all the prophets, He interpreted to them the things about Himself in all the scriptures (Luke 24: 15-17, 25-27).

Pause for reflection

Prayer

Lord, stay with us. Open our hearts to true conversion and, as we have known the Lord in the breaking of the bread, so make us witnesses of a new humanity, renewed, reconciled and at peace in Your love. Send us as heralds of the repentance and forgiveness You offer to all. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
That night the apostles met in fear;
Amidst them came the Lord most dear,
And said my peace be on all here. Alleluia!



“They recognized Him”

(Luke 24:28-32)

THE FIFTH STATION

CHRIST REVEALS HIMSELF IN THE BREAKING OF BREAD

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

They urged Him, "Stay with us..." And it happened that while He was with them at the table, He took bread, said the blessing, broke it, and gave it to them. With that, their eyes were opened and they recognized Him, but He vanished from their sight. Then they said to each other, "Were not our hearts burning within us while He spoke to us on the way and opened the scriptures to us?" (Luke 24: 29-32).

Pause for reflection

Prayer

Risen Jesus, we long to walk with You and to feel alive as our hearts burn to hear Your words. We long to commune with You and have our eyes opened to Your presence. Show us Yourself in the communion meal and in the friends and strangers we invite to stay. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
When Thomas, first the tidings heard,
How they had seen the risen Lord,
He doubted the disciples' word. Alleluia!



“Peace to you”
(Luke 24:36-39)

THE SIXTH STATION
**THE RISEN CHRIST SHOWS HIMSELF
ALIVE TO THE DISCIPLES**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

"Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when He had said this, He showed them His hands and His feet (Luke 24: 38-40).

Pause for reflection

Prayer

God of unchanging power and light, look with favour and mercy on the entire community of Your Church. Save all people, lift up the fallen, make the old new, and bring all things to perfection, through our Lord Jesus Christ who lives and reigns forever and ever. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
My wounded side, O Thomas see;
Behold my hands, my feet, said He,
Not faithless, but believing be. Alleluia!



“If you forgive, they are forgiven”
(John 20:22-23)

THE SEVENTH STATION
**THE RISEN LORD BREATHES PEACE
AND GIVES THE POWER TO FORGIVE**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

Jesus came and stood among them and said, "Peace be with you." ... Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When He had said this, He breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained" (John 20: 19-23).

Pause for reflection

Prayer

God of perfect peace, violence and cruelty can have no part of You. May those who are at peace with one another hold fast to the good will that unites them; may those who are enemies forget their hatred and be healed. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
No longer Thomas then denied,
He saw the feet, the hands, the side;
You are my Lord and God, he cried, Alleluia!



“Believe!”
(John 20:24-29)

THE EIGHTH STATION
**THE RISEN LORD STRENGTHENS
THE FAITH OF THOMAS**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

But Thomas said to them, "Unless I see the mark of the nails in His hands, and put my finger in the mark of the nails and my hand in His side, I will not believe." Jesus came and... said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe" (John 20:25-29).

Pause for reflection

Prayer

Heavenly Father and God of mercy, we no longer look for Jesus among the dead, for He is alive and has become the Lord of life. From the waters of death You raise us up with Him and renew Your gift of life within us. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
How blest are they who have not seen,
And yet whose faith has constant been
For they eternal life shall win, Alleluia!



“It is the Lord!”
(John 21:4-8)

THE NINTH STATION
**THE RISEN LORD EATS WITH
THE DISCIPLES BY THE SEA OF TIBERIAS**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask Him, "Who are you?" because they knew it was the Lord (John 21:10-12).

Pause for reflection

Prayer

Father in heaven, author of all truth, a people once in darkness has listened to Your word and followed Your Son as He rose from the tomb. Hear the prayer of this newborn people and strengthen Your Church to answer Your call. May we rise and come forth into the light of day to stand in Your presence until eternity dawns. We ask this through Christ our Lord. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
On Sunday morn at break of day,
The sad disciples went their way
To see the tomb where Jesus lay. Alleluia!



“Feed my sheep!”
(John 21:15-17)

THE TENTH STATION
**THE RISEN LORD FORGIVES PETER
AND ENTRUSTS HIM TO FEED HIS SHEEP**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" ...Peter felt hurt because He said to him the third time, "Do you love me?" And he said to Him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep" (John 21:15-17).

Pause for reflection

Prayer

Father, fill our hearts with the fire of Your love. By sharing the good things You give us, may we secure justice and equality for every human being, an end to all division, and a human society built on love and peace. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
An angel clad in white they see.
Who sat and spoke unto the three,
Your Lord has gone to Galilee. Alleluia!



“Go to all nations!”
(Matthew 28:16-20)

THE ELEVENTH STATION
**THE RISEN LORD SENDS
THE DISCIPLES INTO THE WORLD**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age” (Matthew 28: 19-20).

Pause for reflection

Prayer

God of all creation, whose mighty power raised Jesus from the dead, strengthen us in the power of the Spirit to go and make disciples of all nations, to obey everything that Jesus Christ has commanded us, and to know that He is with us always until the end of the age. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
And we with Holy Church unite,
As evermore is just and right,
in glory to the King of light. Alleluia!



“He was lifted up”
(Acts 1:9-11)

THE TWELFTH STATION
**THE RISEN LORD
ASCENDS INTO HEAVEN**

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

So then the Lord Jesus, after He had spoken to them, was taken up into heaven and sat down at the right hand of God. And they went out and proclaimed the good news everywhere, while the Lord worked with them and confirmed the message by the signs that accompanied it (Mark 16: 19-20).

Pause for reflection

Prayer

Eternal God, clothe us now with Your power. With the eyes of our hearts enlightened, may we come to understand the immeasurable greatness of Your power at work in us who believe. In that strength, may we boldly pronounce the good news of our salvation to everyone. We ask this through Christ our Lord. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
Our humble thanks to God let's show,
And fitting praise on Him bestow,
For Paschal blessings here below. Alleluia!



“With one heart they prayed”
(Acts 1:12-14)

THE THIRTEENTH STATION

MARY AND THE DISCIPLES WAIT FOR THE SPIRIT

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

When they had entered the city, they went to the room upstairs where they were staying... All [the apostles] were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as His brothers (Acts 1: 13-14).

Pause for reflection

Prayer

Father most holy, see Your Church gathered here in prayerful worship like the first disciples and Mary in the upper room. Grant that we may accomplish, in the joy of the Holy Spirit, all that You give us to do in the world. May we gladly share in Christ's sufferings so as to rejoice when His glory is revealed. We ask this through Christ our Lord. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
On this most holy day of days,
To God Your hearts and voices raise,
In laud and jubilee and praise. Alleluia!



“Filled with the Holy Spirit”

(Acts 2:2-4)

THE FOURTEENTH STATION

THE RISEN LORD SENDS THE HOLY SPIRIT

All

We adore You, O Christ and we praise You.
By the wood of the Cross and the light of the Resurrection,
You have redeemed the world.

Reading

And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability (Acts 2: 2-4).

Pause for reflection

Prayer

Father in heaven, through this spiritual journey, You have reminded us of the fullness of the mystery of Your revealed love. See Your people gathered in prayer, open to receive the Spirit's flame. May it come to rest in our hearts and disperse the divisions of word and tongue. With one voice and one song, may we praise Your name in joy and thanksgiving. Grant this through Christ our Lord, and in the power of the Spirit, both now and forevermore. Amen.

Optional: Glory Be

Alleluia

Alleluia, alleluia, alleluia.
O sons and daughters of the Lord,
The King of glory, King adored,
From death to life has been restored. Alleluia!



CLOSING PRAYER

Reading

Jesus himself, through them, sent forth from east to west the sacred and imperishable proclamation of eternal salvation (Mark 16:8).

Reflection

Through the Way of Light, we have shared our pilgrim journey with the risen Lord. As servants and witnesses of Christ, let us now pray in the way our Saviour taught us:

All

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Prayer

Lord, may everything we do begin with Your inspiration,
Continue with Your help, and reach perfection under Your guidance.
We ask this through Christ, our risen Lord. Amen.

Sign of Peace

SOURCES AND ACKNOWLEDGEMENTS

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THE CROSS IS...

The Cross is the hope of Christians.

The Cross is the resurrection of the dead.

The Cross is the way of the lost.

The Cross is the saviour of the lost.

The Cross is the staff of the lame.

The Cross is the guide of the blind.

The Cross is the strength of the weak.

The Cross is the doctor of the sick.

The Cross is the aim of the priests.

The Cross is the hope of the hopeless.

The Cross is the freedom of the slaves.

The Cross is the power of the kings.

The Cross is the water of the seeds.

The Cross is the consolation of the bondsmen.

The Cross is the source of those who seek water.

The Cross is the cloth of the naked.

We thank You, Father, for the Cross.

Amen.

PRAYER BEFORE PRAYING THE STATIONS OF THE CROSS

My Lord Jesus Christ,
You made this journey to die for me with love
unutterable, and I have so many times
unworthily abandoned You; but now I love You
with my whole heart, and because I love You,
I repent sincerely for having ever offended You.

Pardon me, my God, and permit me
to accompany You on this journey.
You go to die for love of me;
I wish also, my beloved Redeemer,
to die for love of You. My Jesus, I will live
and die always united to You.

After praying the Stations, pray:

5 Our Father...

5 Hail Mary...

5 Glory Be...

*in honour of the Passion of Jesus Christ,
and once for the intention of the holy Father.*

LITANY OF THE HOLY CROSS

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*
Christ, hear us. *Christ, graciously hear us.*

God the Father of heaven, *have mercy on us.*
God the Son, Redeemer of the world, ...
God the Holy Spirit, ...

Holy Cross, on which the Lamb of God was offered
for the sins of the world, *Deliver and save us.*

Hope of Christians, *Save us, O Holy Cross.*
Pledge of the Resurrection from the dead, ...
Shelter of persecuted innocence, ...
Guide of the blind, ...
Way of those who have gone astray, ...
Staff of the lame, ...
Consolation of the poor, ...
Restraint of the powerful, ...
Destruction of the proud, ...
Refuge of sinners, ...

Trophy of victory over hell, *Save us, O Holy Cross.*
Terror of demons, ...
Mistress of youth, ...
Succour of the distressed, ...
Hope of the hopeless,
Star of the mariner, ...
Harbor of the wrecked, ...
Rampart of the besieged, ...
Father of orphans, ...
Defence of widows, ...

Counsel of the just, *Save us, O Holy Cross.*

Judge of the wicked, ...

Rest of the afflicted, ...

Safeguard of childhood, ...

Strength of manhood, ...

Last hope of the aged, ...

Light of those who sit in darkness, ...

Splendour of kings, ...

Civilizer of the world, *Save us, O Holy Cross.*

Buckler impenetrable, ...

Wisdom of the foolish, ...

Liberty of slaves, ...

Knowledge of the ignorant, ...

Sure rule of life, ...

Heralded by prophets, ...

Preached by apostles, ...

Glory of martyrs, *Save us, O Holy Cross.*

Study of anchorites, ...

Chastity of virgins, ...

Joy of priests, ...

Foundation of the Church, ...

Salvation of the world, ...

Destruction of idolatry, ...

Stumbling-block of the Jews, ...

Condemnation of the ungodly, *Save us, O Holy Cross.*

Support of the weak, ...

Medicine of the sick, ...

Health of the leprous, ...

Strength of the paralytic, ...

Bread of the hungry, ...

Fountain of those that thirst, ...

Clothing of the naked, ...

Lamb of God, Who was offered on the cross
for the sins of the world, *Spare us, O Lord.*

Lamb of God, Who was offered on the cross
for the sins of the world, *Graciously hear us, O Lord.*

Lamb of God, Who was offered on the cross
for the sins of the world, *Have mercy on us.*

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

V. We adore You, O Christ, and we praise You.

R. *Because by Your Holy Cross,
You have redeemed the world.*

V. Let us Pray

O God, Who for the redemption of the world
was pleased to be born in a stable and to die upon a cross
and by Your holy sufferings which we, Your unworthy servants,
call to mind: by Your Holy Cross and by Your death,
deliver us from the pains of hell, and grant to conduct us
to the place where You did the good thief who
was crucified with You,
You, who live and reign eternally in heaven.
Amen.

PRAYER AT THE HOLY CROSS

Oh, Adorable Lord and Savior Jesus Christ,
You have suffered death on the Cross for our sins.

Oh, Holy Cross of Jesus, be my true light!
Oh, Holy Cross, fill my soul with good thoughts.
Oh, Holy Cross, ward off from me all things that are evil.
Oh, Holy Cross, ward off from me all dangers and deaths
and give me life everlasting!
Oh, Crucified Jesus of Nazareth,
have mercy on me now and forever.

In honour of the Precious Blood of Jesus, His death,
resurrection and ascension which leads to everlasting life;
true as Jesus was born on Christmas Day;
true as Jesus was crucified on Good Friday;
true as Joseph and Nicodemus took Jesus down
from the cross and buried Him;
true as Jesus ascended into Heaven;
may He preserve me from my enemies
visible and invisible forever.

Oh, Lord Jesus Christ have mercy on me!
Mary and Joseph pray for me.
Lord Jesus Christ, through Your suffering the Cross
grant me strength to bear my Cross without fear or dread
and give me the grace that I may follow You.

Amen.

HYMNS

JESUS KEEP ME NEAR THE CROSS

Fanny Crosby (1869)

1. Jesus, keep me near the cross,
there a precious fountain;
free to all, a healing stream,
flows from Calv'ry's mountain.

Refrain:

*In the cross, in the cross!
Be my glory ever,
till my ransomed soul shall find
rest beyond the river.*

2. Near the cross, a trembling soul,
love and mercy found me;
there the Bright and Morning Star
shed His beams around me. *[Refrain]*
3. Near the cross! O lamb of God,
bring its scenes before me;
help me walk from day to day
with its shadow o'er me. *[Refrain]*
4. Near the cross! I'll watch and wait,
hoping, trusting ever;
till I reach the golden strand,
just beyond the river. *[Refrain]*

LIFT HIGH THE CROSS

George W. Kitchin (1887)

Refrain:

*Lift high the cross, the love of Christ proclaim,
till all the world adore His sacred name.*

1. Come, Christians, follow where the Master trod,
our King victorious, Christ, the Son of God. *[Refrain]*
2. Led on their way by this triumphant sign,
the hosts of God in conq'ring ranks combine. *[Refrain]*
3. Each new-born foll'wer of the Crucified bears
on the brow the seal of Him who died. *[Refrain]*
4. O Lord, once lifted on the glorious tree,
Thy death hath brought us life eternally. *[Refrain]*
5. So shall our song of triumph ever be:
praise to the Crucified for victory! *[Refrain]*



THE OLD RUGGED CROSS

George Bennard (1913)

1. On a hill far away stood an old rugged cross,
the emblem of suffering and shame;
and I love that old cross where the dearest and best
for a world of lost sinners was slain.

Refrain:

*So I'll cherish the old rugged cross,
till my trophies at last I lay down;
I will cling to the old rugged cross,
and exchange it some day for a crown.*

2. O that old rugged cross, so despised by the world,
has a wondrous attraction for me;
for the dear Lamb of God left His glory above
to bear it to dark Calvary. *[Refrain]*
3. In that old rugged cross, stained with blood so divine,
a wondrous beauty I see,
for 'twas on that old cross Jesus suffered and died,
to pardon and sanctify me. *[Refrain]*
4. To that old rugged cross I will ever be true,
its shame and reproach gladly bear;
then He'll call me some day to my home far away,
where His glory forever I'll share. *[Refrain]*

WHEN I SURVEY THE WONDROUS CROSS

Isaac Watts (1707)

1. When I survey the wondrous cross
on which the Prince of glory died,
my richest gain I count but loss,
and pour contempt on all my pride.

2. Forbid it, Lord, that I should boast,
save in the death of Christ my God!
All the vain things that charm me most,
I sacrifice them to His blood.

3. See from His head, His hands, His feet,
sorrow and love flow mingled down!
Did e'er such love and sorrow meet,
or thorns compose so rich a crown?

4. His dying crimson, like a robe,
spreads o'er His body on the tree;
then I am dead to all the globe,
and all the globe is dead to me.

5. Were the whole realm of nature mine,
that were a present far too small;
love so amazing, so divine,
demands my soul, my life, my all.

BANGKITLAH!

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1. Tuhan, Engkaulah, yang mahakuasa,
Kau teguh kekuatanku.
Tetap sama dulu, sekarang, dan selama-lamanya.
Bapa yang kekal, Pencipta alam,
Kau kenal s'gala caraku.
Tetap sama belas kasih-Mu, untuk kami semua.

Kau beriku hidup yang baru,
Ku hidup kerana kasih-Mu.

*Chorus: Bangunlah dan bersinarlah,
kibarkan tinggi bendera Tuhan,
menyampaikan khabar baik Yesus
kepada semua bangsa.
Tinggikanlah salib Tuhan Yesus,
Tuhan telah membebaskan kita
dengan darah kemuliaannya
kami bangkit semula. Bangkitlah!*

2. Yesus, Engkaulah, Put'ra yang Tunggal,
Nama atas s'gala nama.
Kaulah jalan dan kebenaran, dan kehidupan
Engkaulah raja dan penyelamat,
penebus s'gala dosaku
berlimpah-limpah rahmat dari salib-Mu.

Kau beriku hidup yang baru,
Ku hidup kerana salib-Mu [*Chorus*]

Bridge: Datang Roh Kudus, mengubah kita
dan membawa bangsaMu ke cahayaMu... [*Chorus*]

Ending: Bangkitlah! Bangkitlah!
Bangkitlah! Bangkitlah!

"Bangkitlah!"

Scan to listen and sing along.

扫码收听并跟唱。

Imbas untuk mendengar dan menyanyi bersama.

கேட்கவும் பாடவும் ஒன்றே செய்யவும்.



*Death and Life faced each other in a prodigious duel.
The Lord of life was dead, but now, alive, He triumphs.
Christ, my hope, has risen.
Yes, we are certain: Christ is truly risen.
Amen. Alleluia!*

VICTIMAE PASCHALI LAUDES